

TOORX
PROFESSIONAL LINE

INSTRUCTION



WLX3800

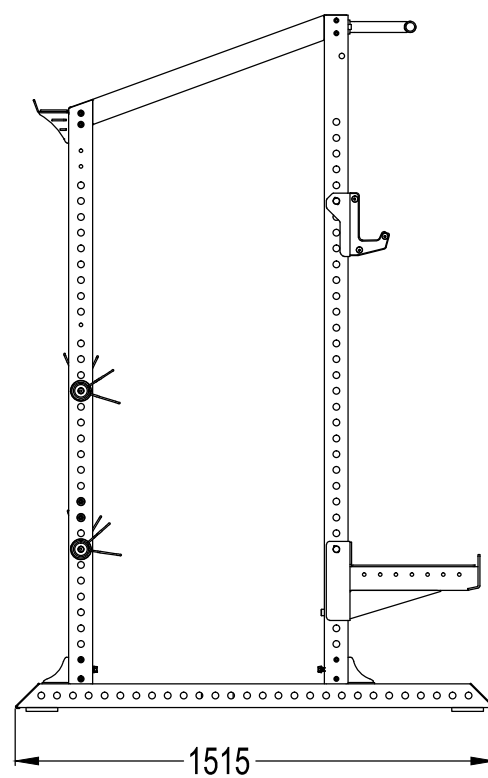
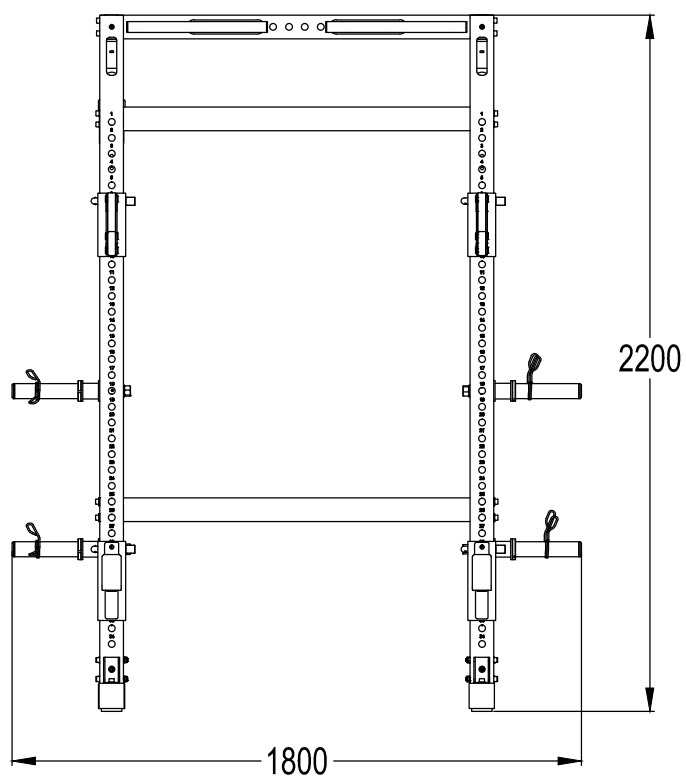


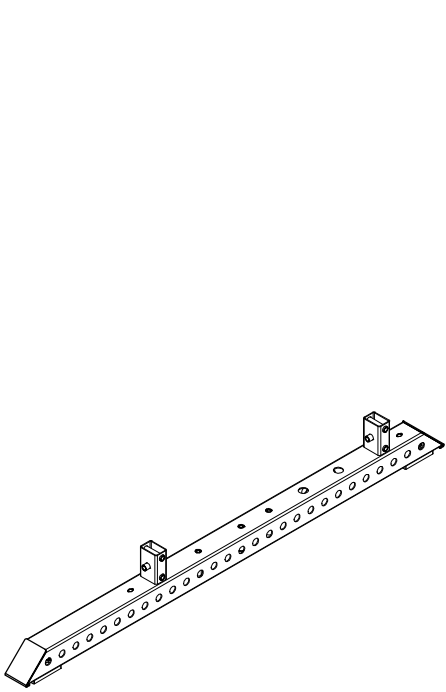
Cod : GRLDTOORXWLX3800

Rev : 00

Ed : 04/25

Assembly Dimension:1515×1800×2200

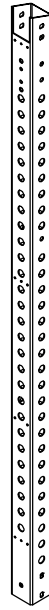




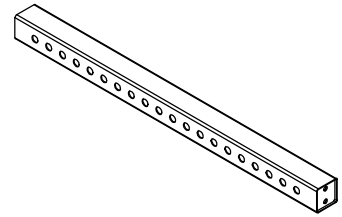
①×2



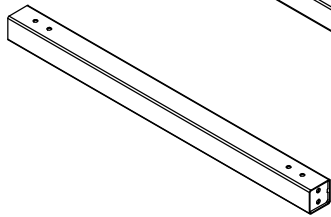
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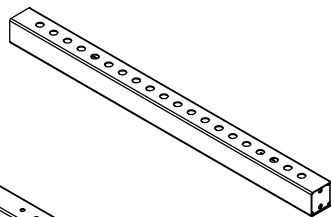
⑤×2



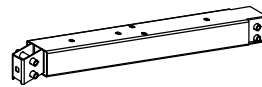
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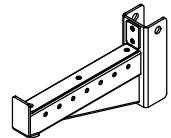
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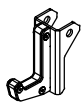
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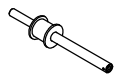
⑩×2



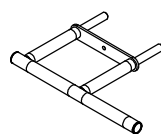
⑬×2



⑭×2



⑳×4



㉑×2



㉒×4



㉔×1



③⑦×4



⑥③×10



⑥⑦×4



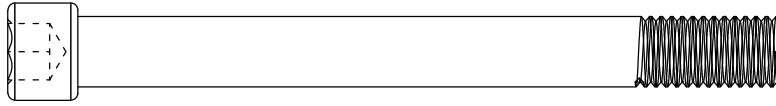
⑦③×4



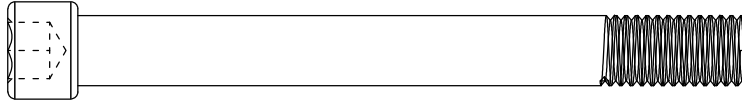
①④③×10



①④⑧×4



110 ×4



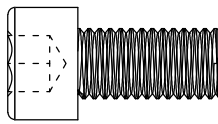
111 ×14



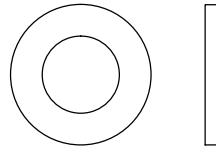
112 ×4



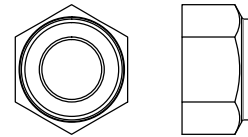
113 ×4



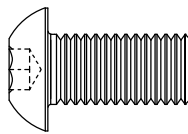
120 ×7



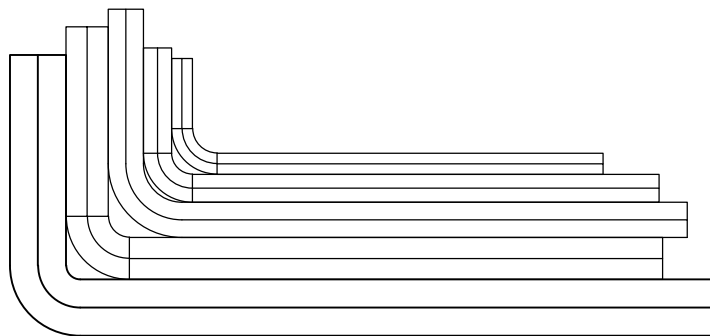
139 ×27



146 ×12

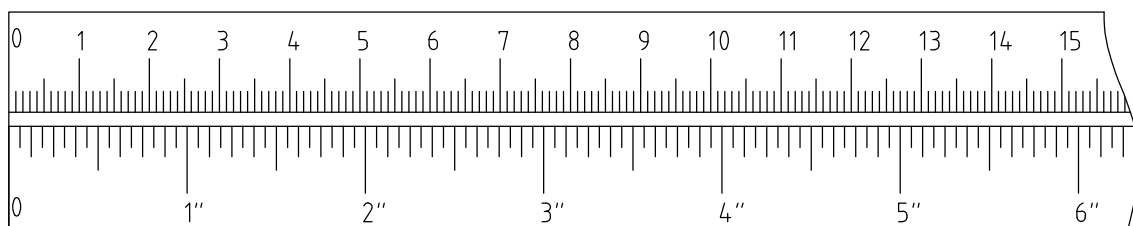


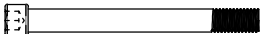
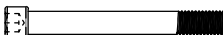
128 ×4



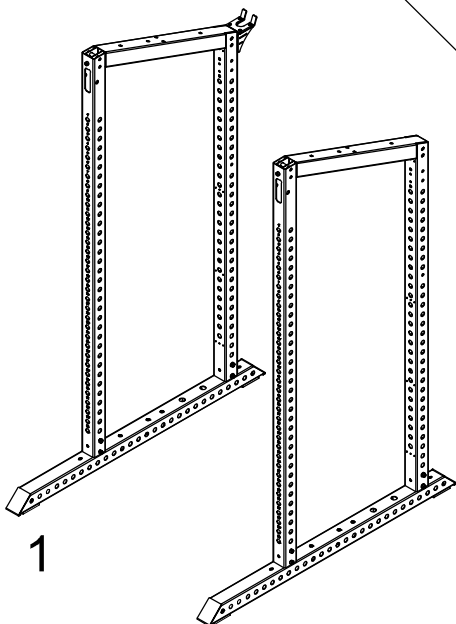
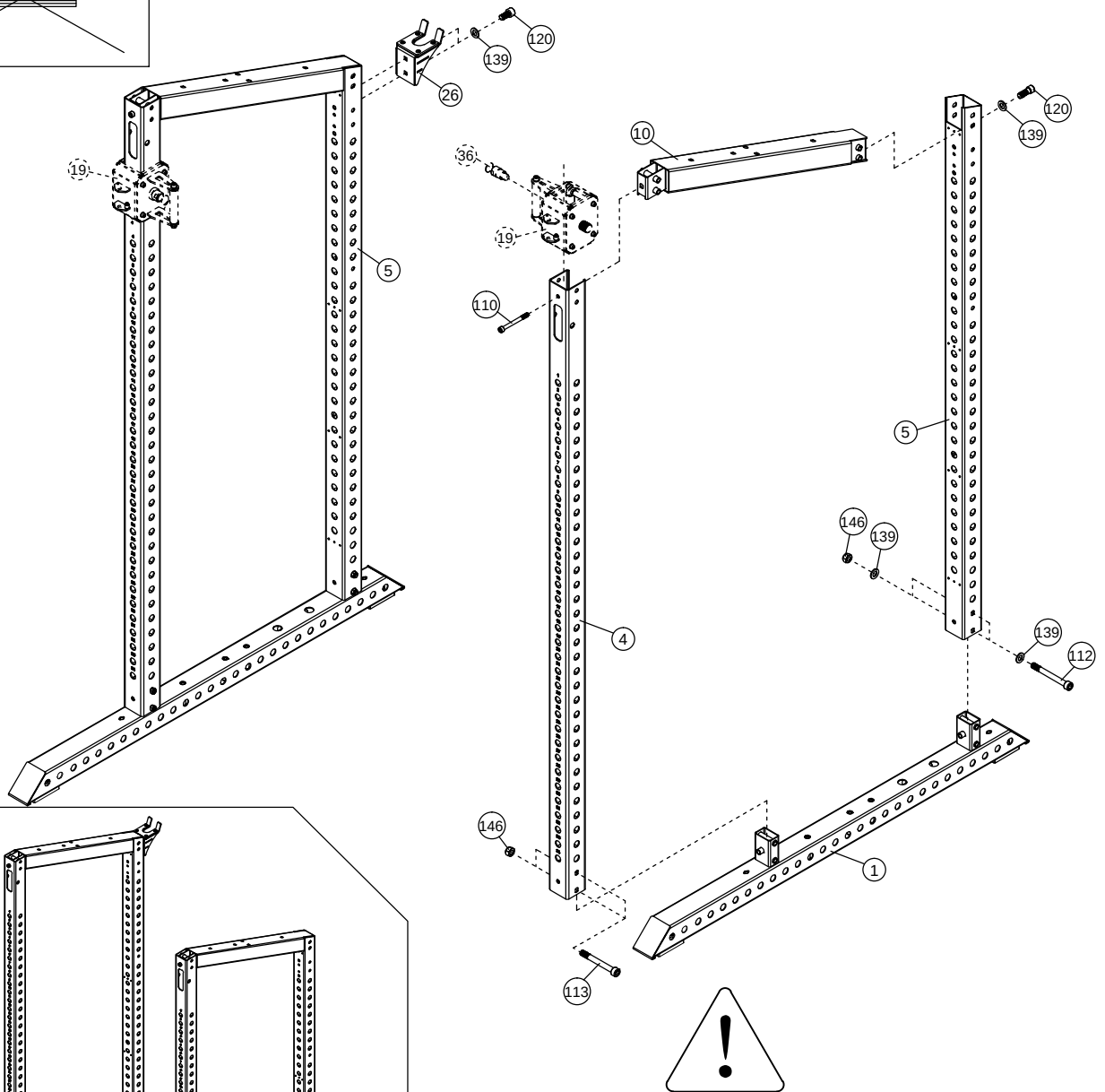
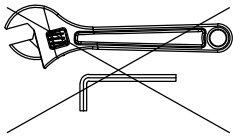
3#×1
4#×1
5#×1
6#×1
8#×1

mm



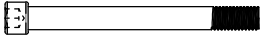
- | | | | |
|-------|---|----|-----------|
| (110) |  | ×2 | M10×100mm |
| (112) |  | ×4 | M10×90mm |
| (113) |  | ×4 | M10×85mm |
| (120) |  | ×3 | M10×20mm |

- | | | | |
|-------|---|-----|-----------|
| (139) |  | ×11 | φ20×φ10.5 |
| (146) |  | ×8 | M10 |

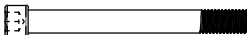


If you purchased M75L-C,
please install #19 and #36 in this step.

M75L-C (dual adjustable pulley with
weight stack)

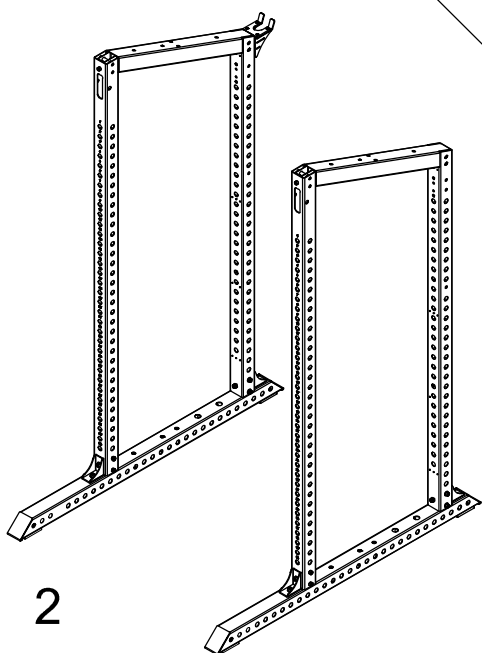
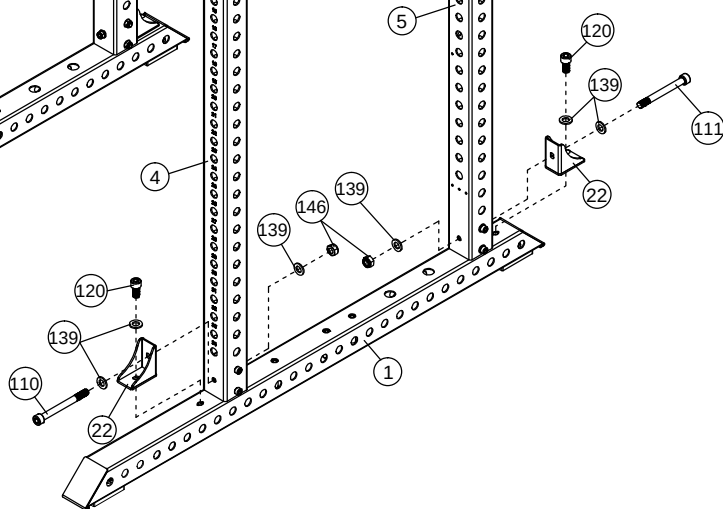
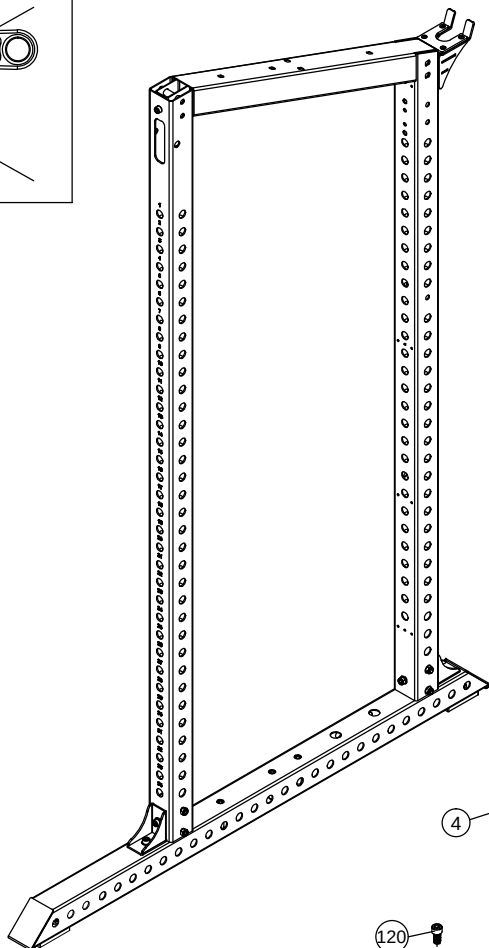
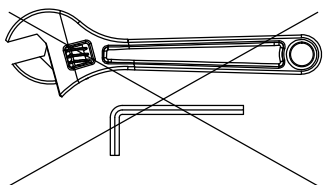
(110)  ×2 M10×100mm

(139)  ×12 $\phi 20 \times \phi 10.5$

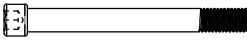
(111)  ×2 M10×95mm

(146)  ×4 M10

(120)  ×4 M10×20mm



111



×12

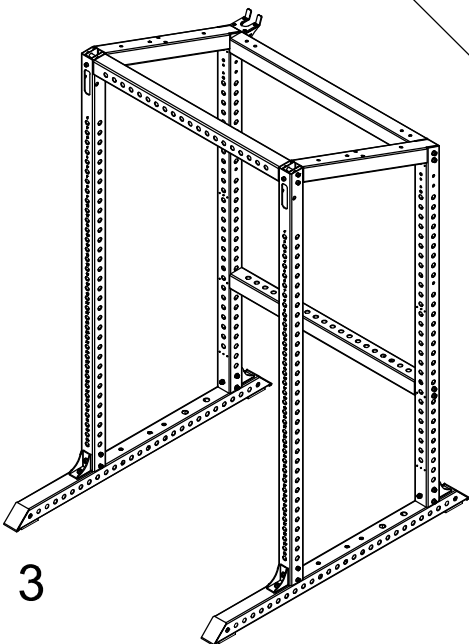
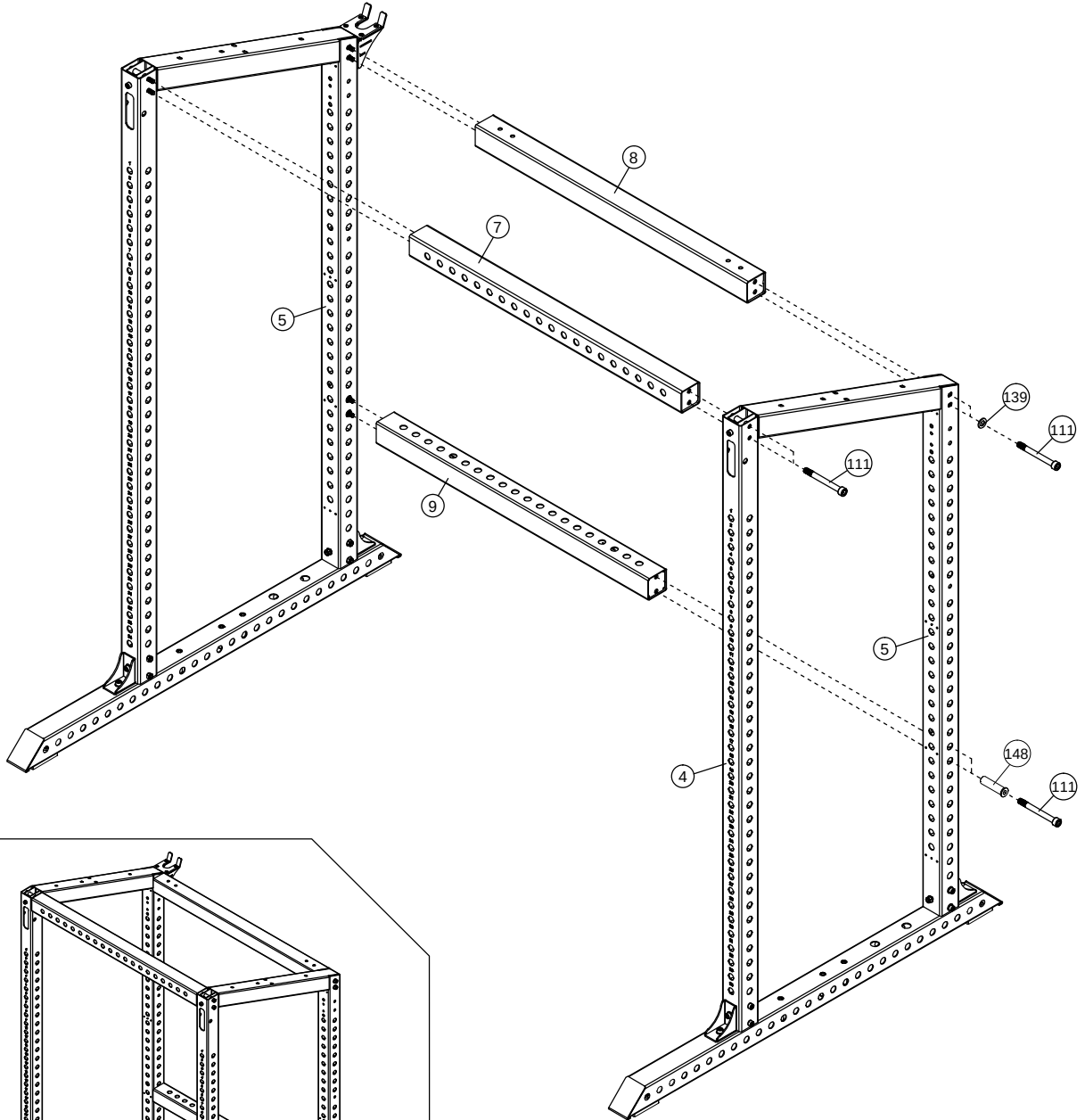
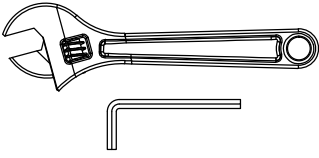
M10×95mm

139



×4

φ20×φ10.5

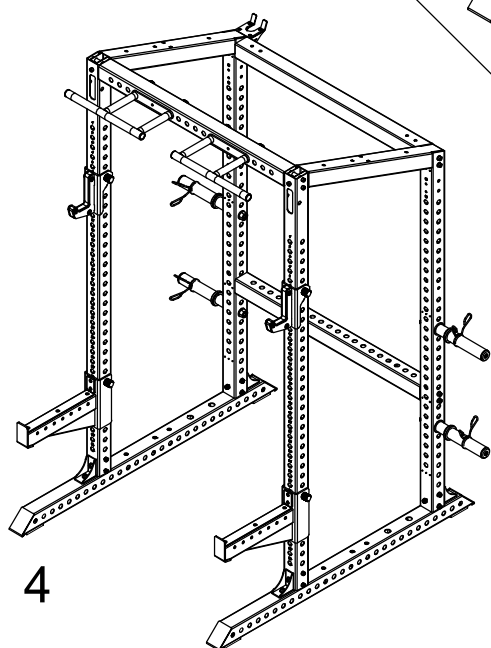
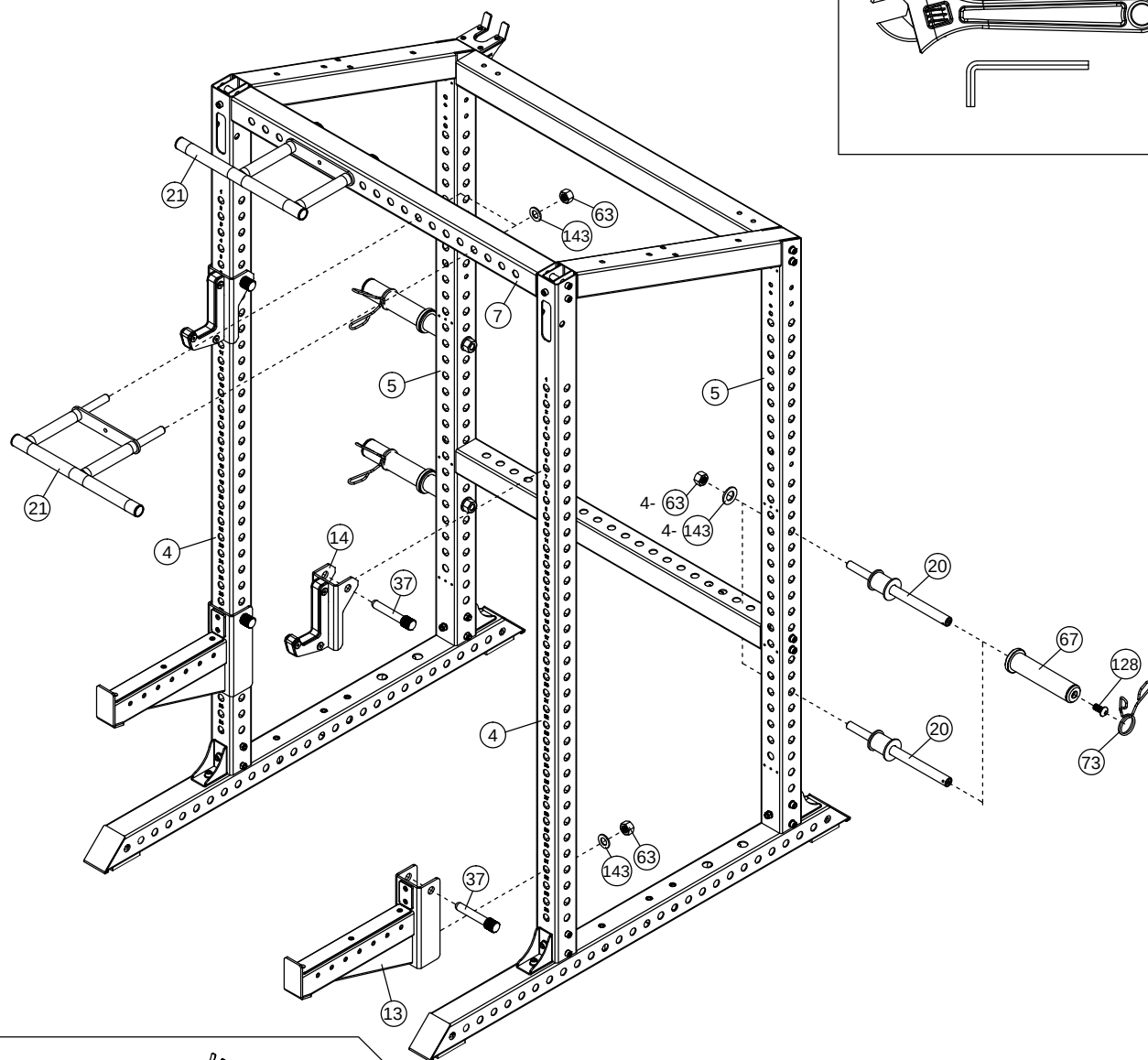


3

128

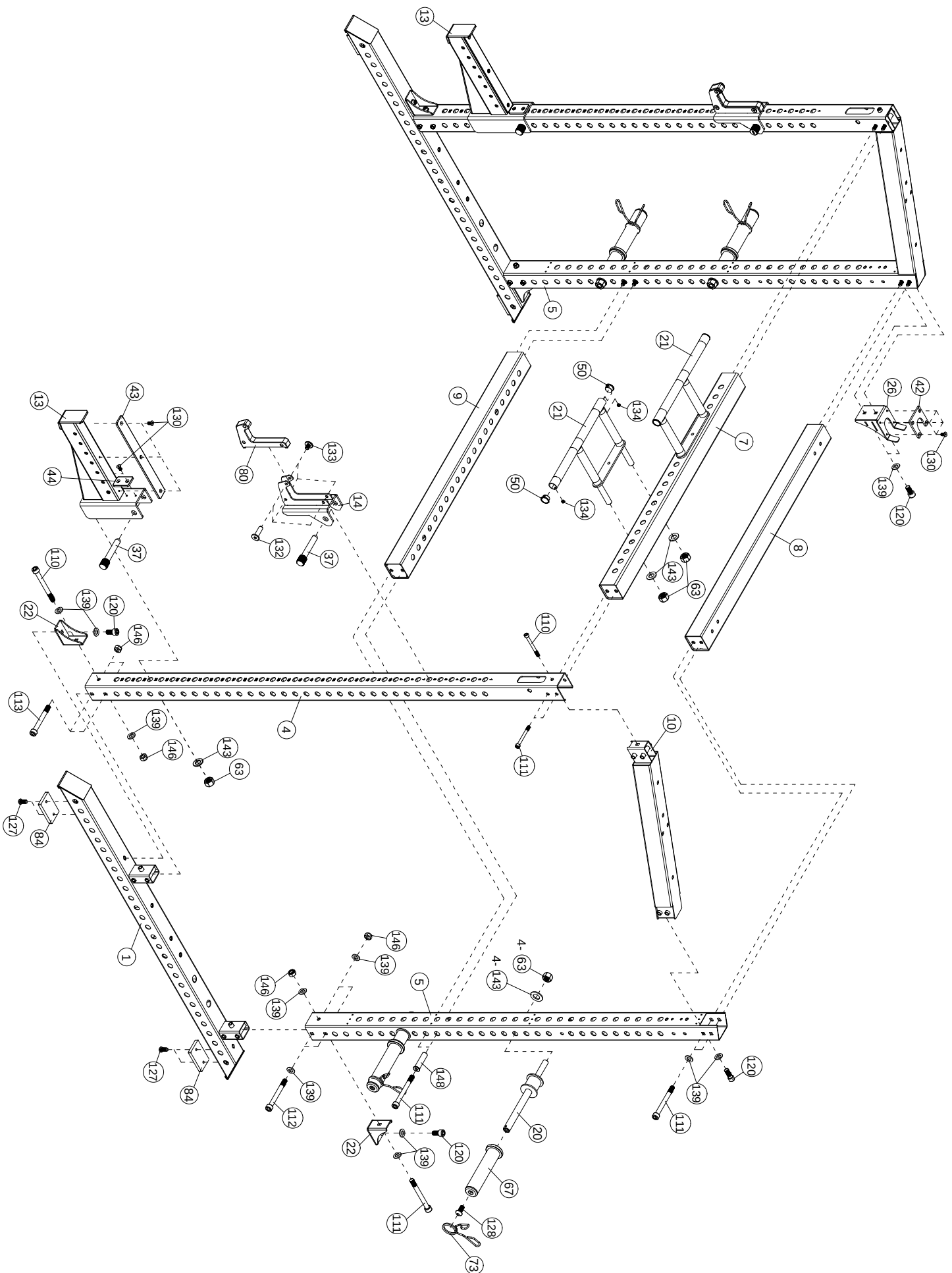


×4 M10×20mm



If you purchased M75-A or M75L-C, please do not tighten the screws in this step.

M75-A (middle support for smith or weight stack shrouds)
M75L-C (dual adjustable pulley with weight stack)



PARTS LIST

KEY NO.	PART DESCRIPTION	SPEC	QTY
1	Base Frame		2
4	Front Sliding Frame		2
5	Stand Frame		2
7	Connecting Frame Rear		1
8	Connecting Frame Rear		1
9	Connecting Frame Rear		1
10	Upper Connecting Frame		2
13	Long Safety Rack		2
14	Short Safety		2
20	Weights Stow Rod		4
21	Handle		2
22	Small Reinforcing Frame		4
26	Barbell Bar Hanger		1
37	Aluminum Alloy Bolt		4
42	Rack Liner	85×84×5	1
43	Rack Liner	390×45×5	2
44	Rack Liner	70×45×5	2
50	Aluminum Trim Cover	φ35×φ30×15	4
63	Nut	M20	10
67	Short Olympic Sleeve		4
73	Spring Clip	φ47	4
80	Safety Hook	199×125×25	2
84	Rubber Stopper	65×100×12	4
110	Hexagon socket button head screws	M10×100	4
111	Hexagon socket button head screws	M10×95	14
112	Hexagon socket button head screws	M10×90	4
113	Hexagon socket button head screws	M10×85	4
120	Hexagon socket button head screws	M10×20	7
127	Allen Bolt	M8×16	8
128	Allen Bolt	M10×20	4
130	Hexagon socket countersunk head screws	M6×10	14
132	Allen Bolt	φ20×φ10×M8×32	6
133	Allen Bolt	φ20×M8×12	6
134	Set Screw	M6×6	4
139	Washer	10	27
143	Washer	φ38×φ21×3	10
146	Nut	M10	12
148	Bushing	φ25×φ20×φ10.2×77.5	4

PARTS LIST

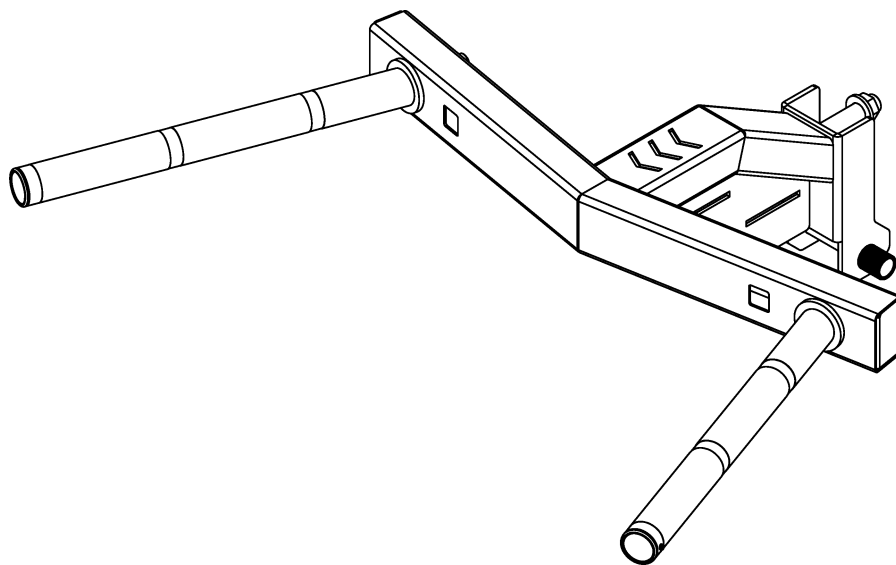
KEY NO.	PART DESCRIPTION	SPEC	QTY
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	Allen Wrench	4#	1
	Allen Wrench	5#	1
	Allen Wrench	6#	1
	Allen Wrench	8#	1

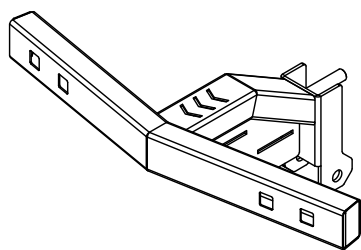
PACKAGE LIST

BOX1	
2	Part 1
2	Part 10
4	Part 22
1	Part 26
4	Part 148
1	Assembly Manual
1	PARTS BAG 2-1
1	PARTS BAG 2-2
BOX2	
2	Part 4
BOX3	
2	Part 5
BOX4	
1	Part 7
1	Part 8
1	Part 9
BOX5	
2	Part 13
2	Part 14
4	Part 20
2	Part 21
4	Part 37
10	Part 63
4	Part 67
4	Part 73
10	Part 143

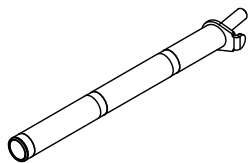
ASSEMBLY MANUAL

D-HANDLEASX-8-WLX38

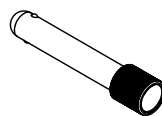




① ×1



② ×2



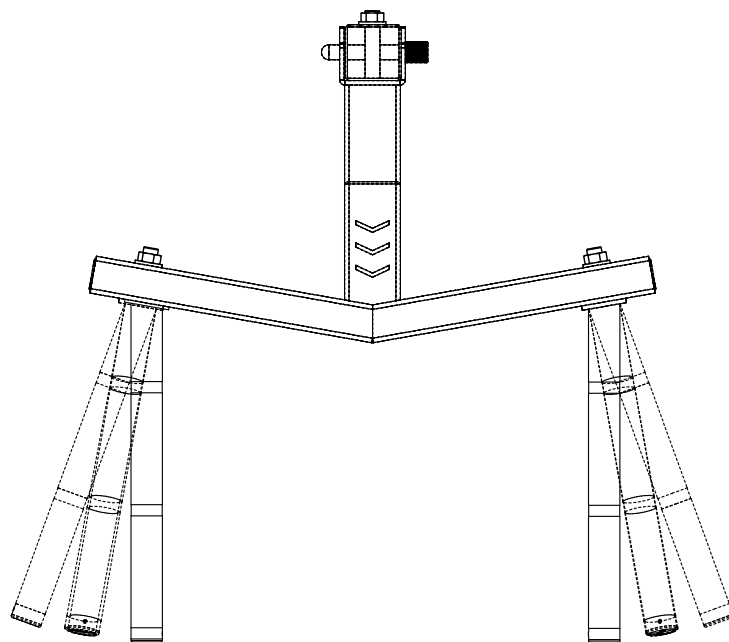
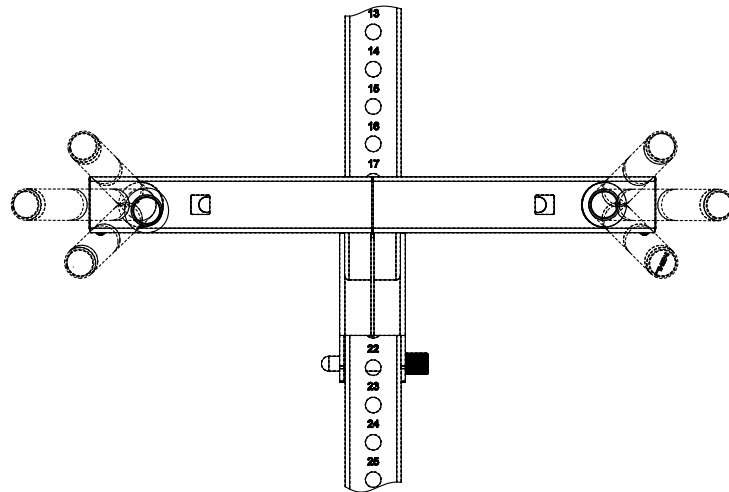
⑤ ×1

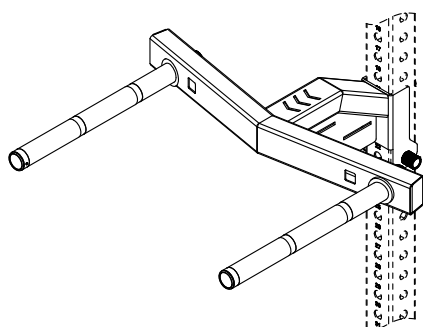
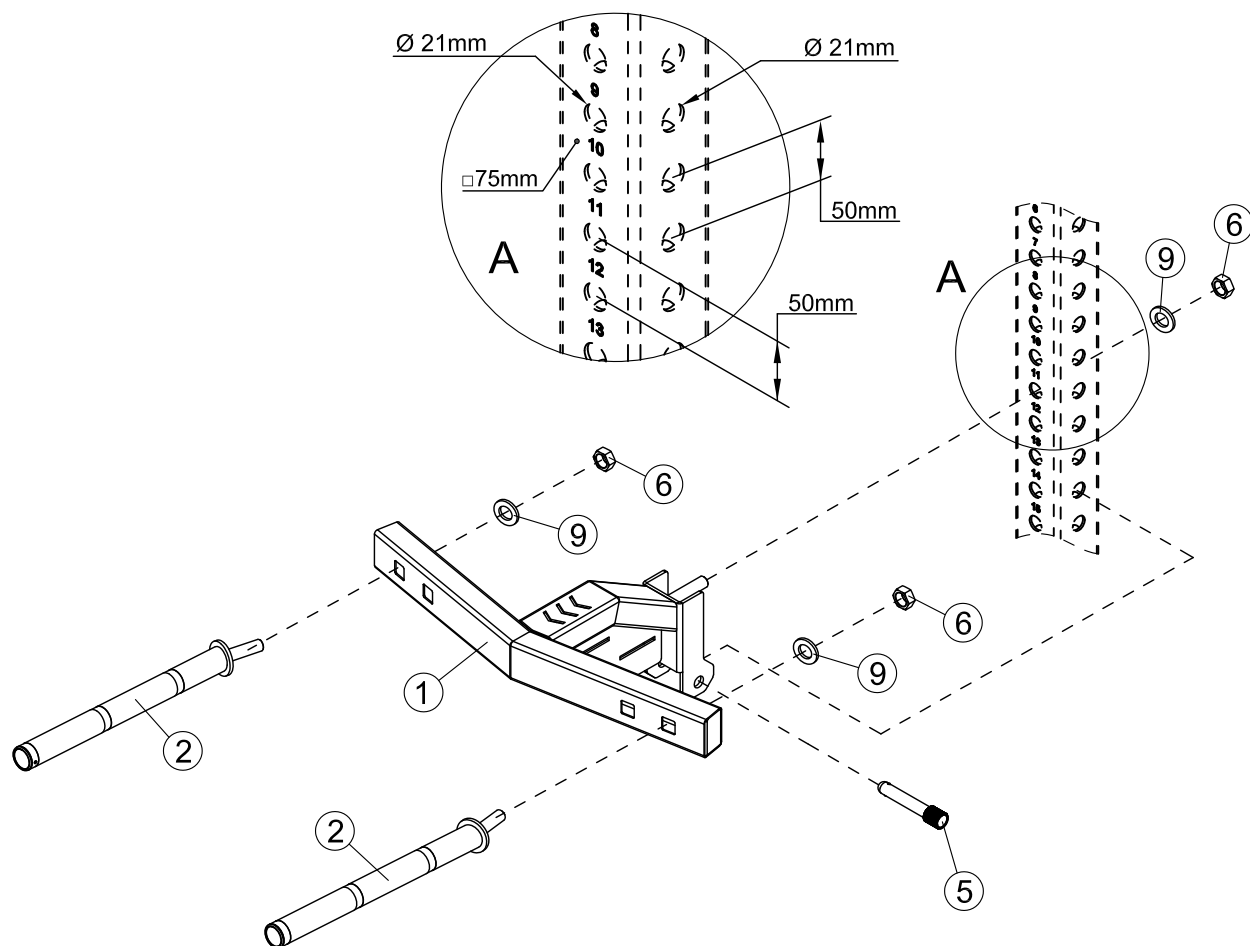


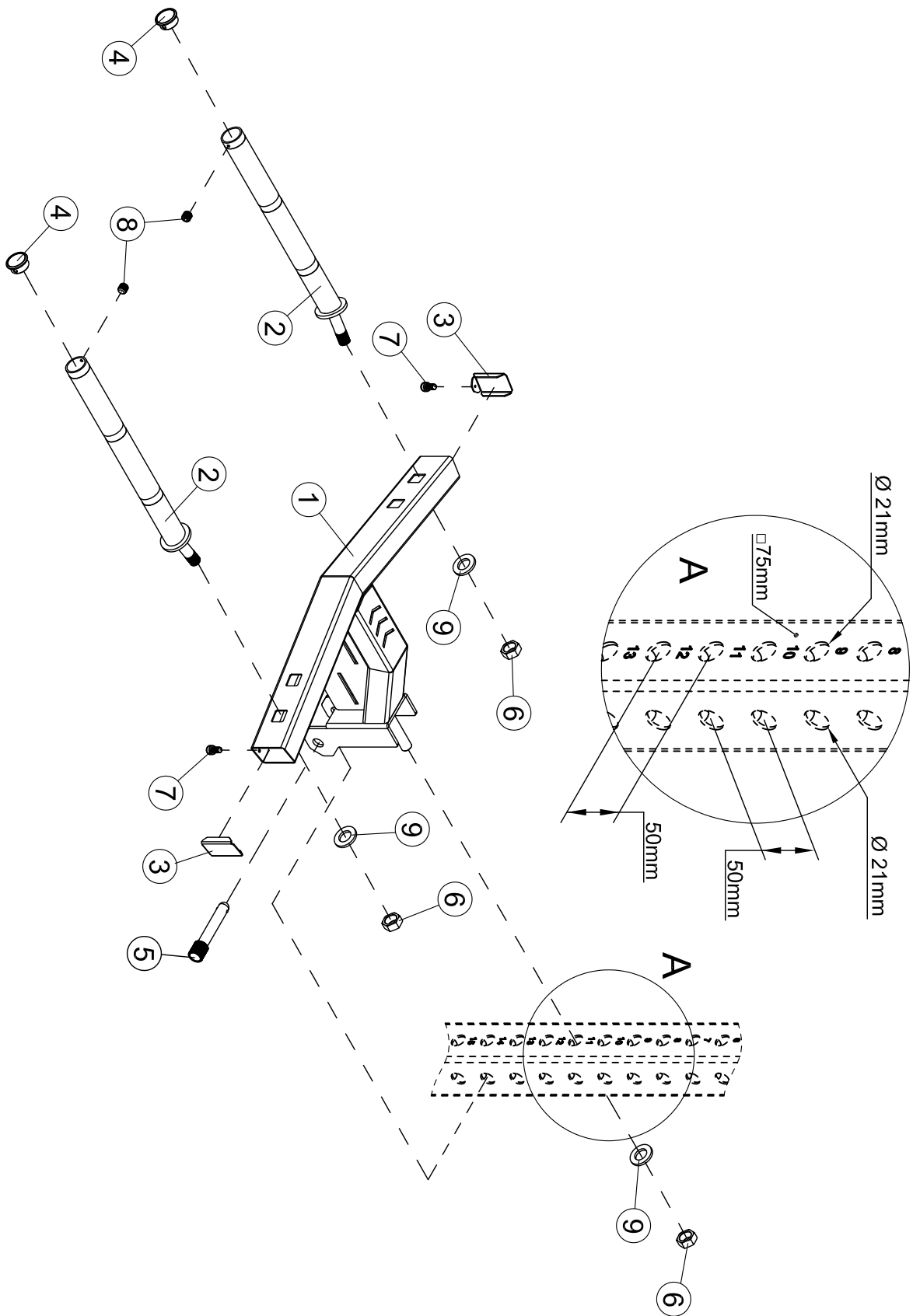
⑥ ×3



⑨ ×3





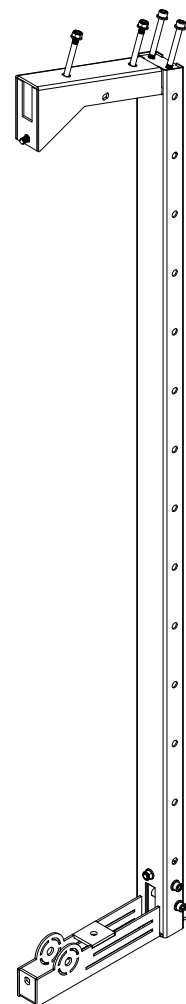
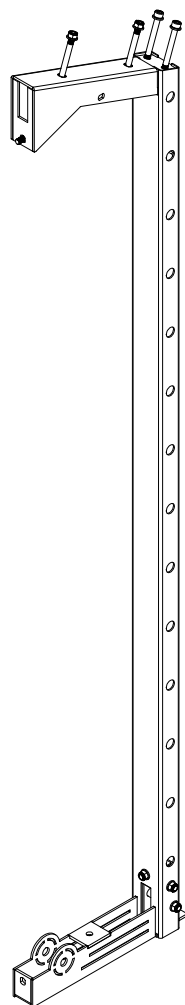


PARTS LIST

KEY NO.	PART DESCRIPTION	SPEC	QTY
1	Support Frame		1
2	Parallel Bar Handlebars		2
3	Decorative cover	□50×75×2.5	2
4	Decorative cover	φ42×3	2
5	Magnetic Pin		1
6	Hex nuts	M20	3
7	Hexagon socket button head screws	M5×10	2
8	Set screw	M6×6	2
9	Washer	20	3

ASSEMBLY MANUAL

M75-A

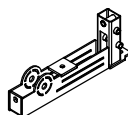




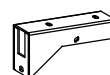
② × 1



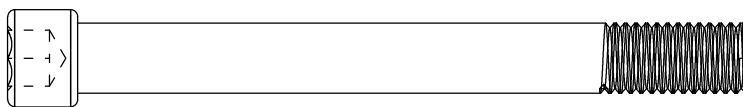
③ × 1



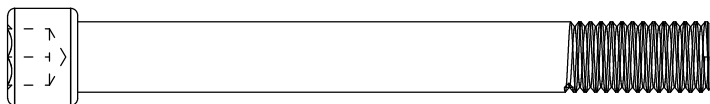
⑫ × 2



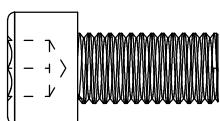
⑳ × 2



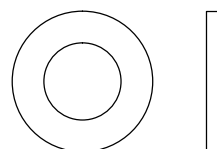
111 ×4



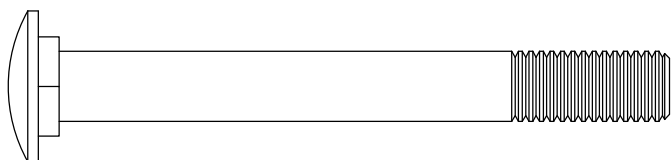
112 ×4



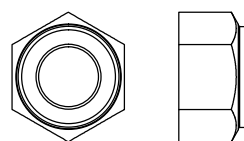
120 ×8



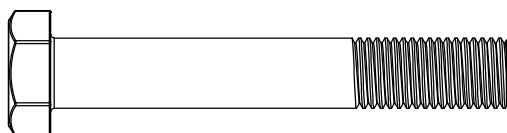
139 ×28



121 ×4



146 ×10

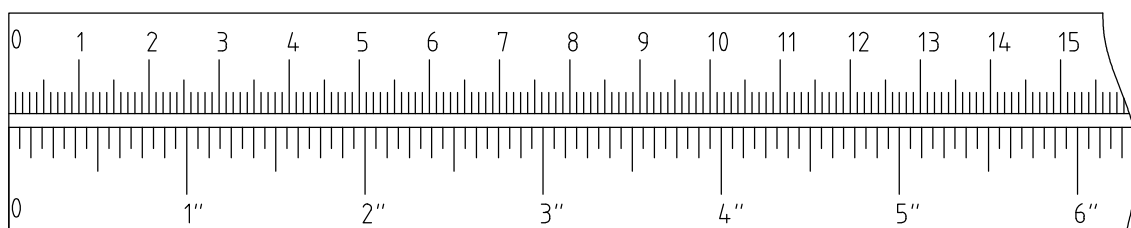


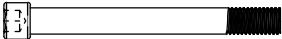
122 ×2



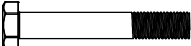
8#×1

mm

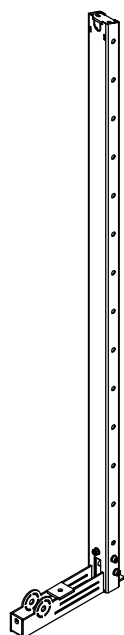
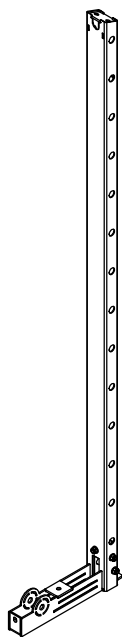
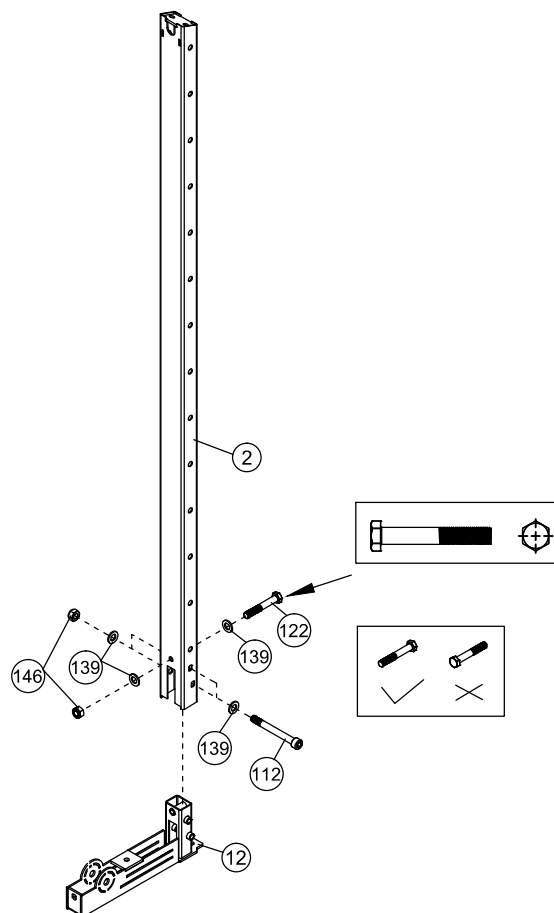
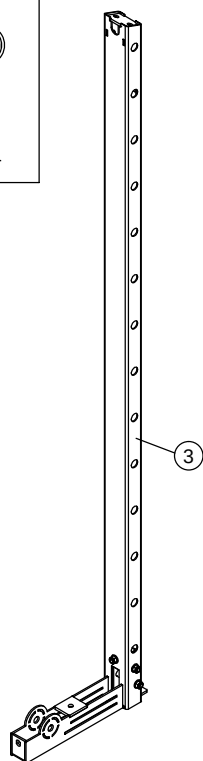
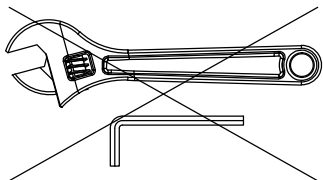


(112)  ×4 M10×90mm

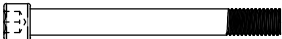
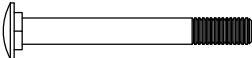
(139)  × 12 $\phi 20 \times \phi 10.5$

(122)  ×2 M10×65mm

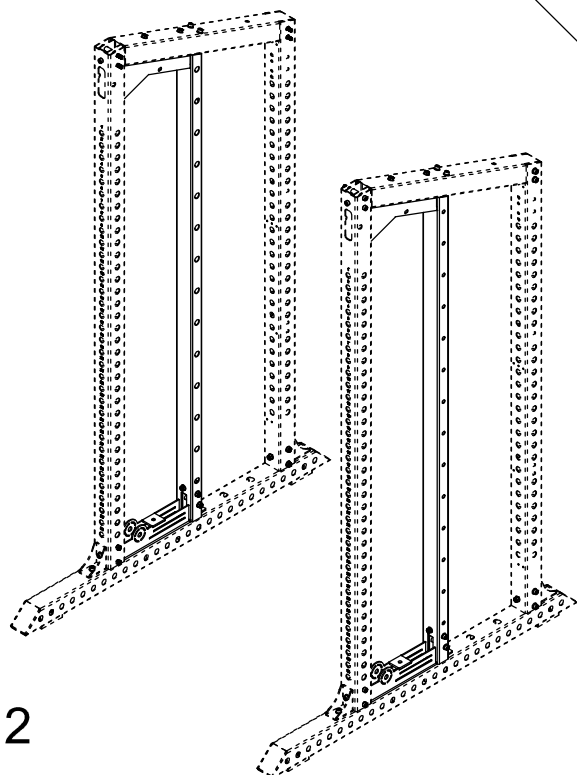
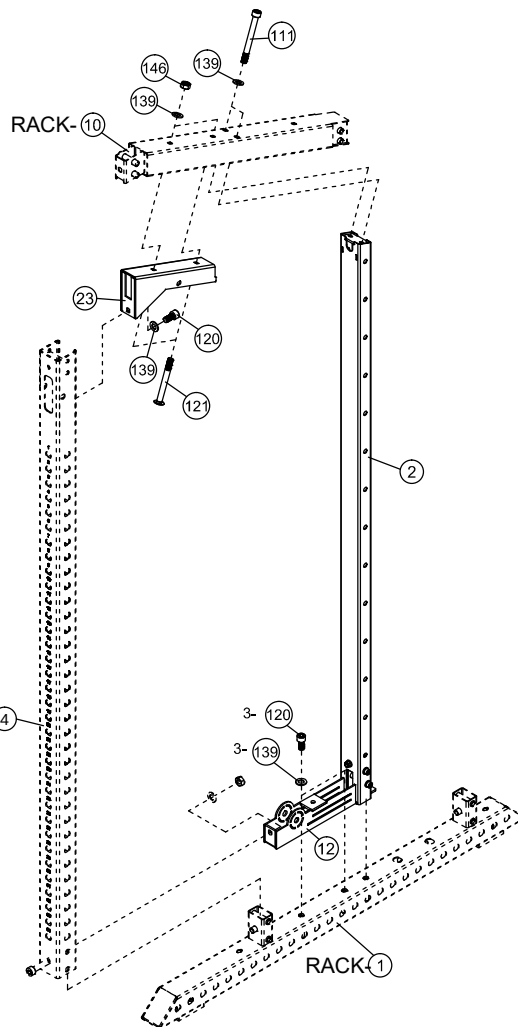
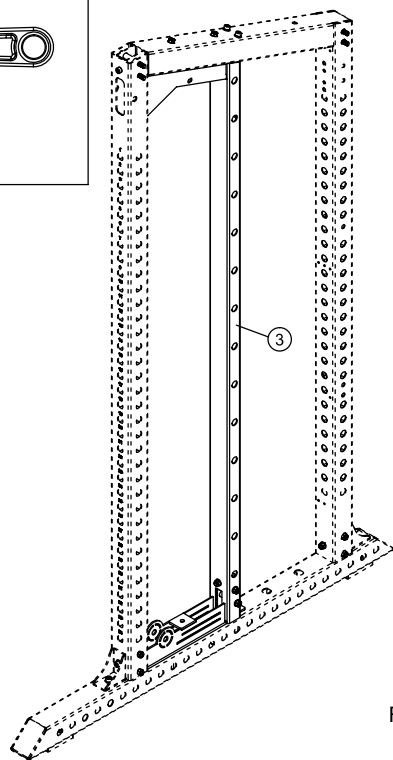
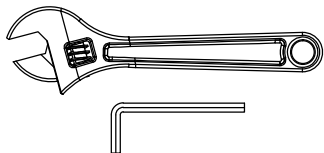
(146)  × 6 M10



1

- (111)  ×4 M10×95mm
- (120)  ×8 M10×20mm
- (121)  ×4 M10×90mm

- (139)  × 16 $\phi 20 \times \phi 10.5$
- (146)  × 4 M10



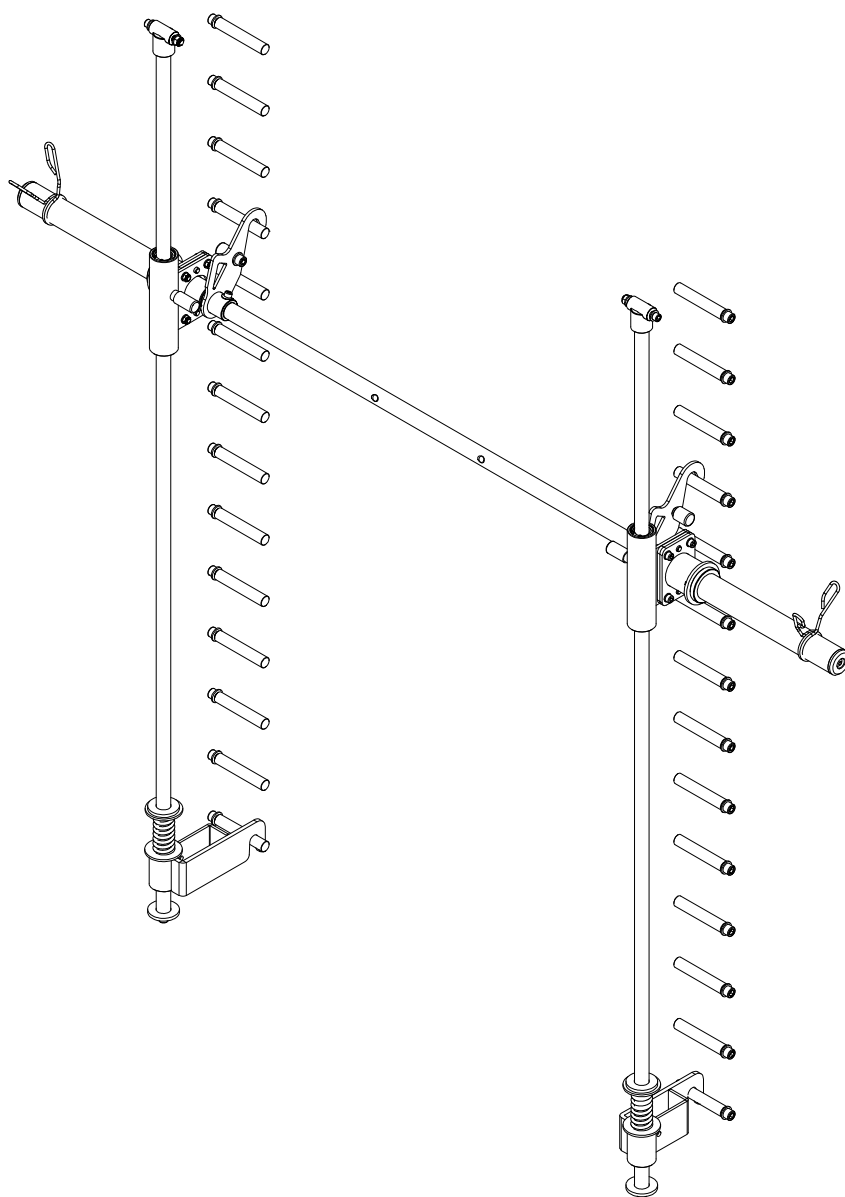
2

PARTS LIST

KEY NO.	PART DESCRIPTION	SPEC	QTY
2	Intermediate Stand L		1
3	Intermediate Stand R		1
12	Bottom Pulley Frame		2
23	Reinforcing Frame		2
111	Hexagon socket button head screws	M10×95	4
112	Hexagon socket button head screws	M10×90	4
120	Hexagon socket button head screws	M10×20	8
121	Carriage Bolt	M10×90	4
122	Hex Bolt	M10×65	2
139	Washer	10	28
146	Nut	M10	10
	Allen Wrench	8#	1

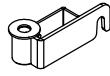
ASSEMBLY MANUAL

M75L-B

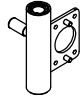




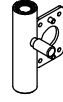
⑮×1



⑯×1



⑰×1



⑱×1

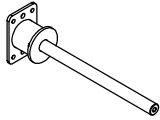


②④×2

③④×2



④⑤×4



⑤⑤×2



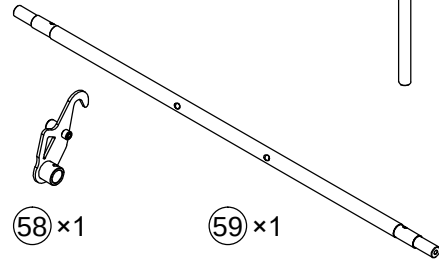
⑤⑥×2



⑤⑦×1



⑤⑧×1



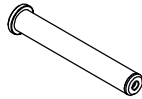
⑤⑨×1



⑥①×28



⑥②×2



⑥⑥×2



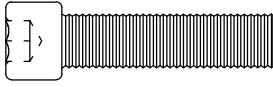
⑦③×2



⑨④×2



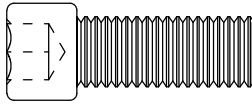
107 × 2



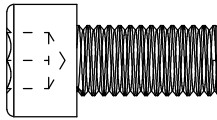
108 × 8



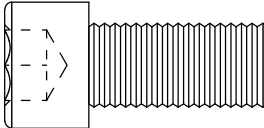
114 × 2



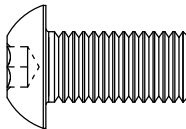
119 × 2



120 × 2



125 × 28

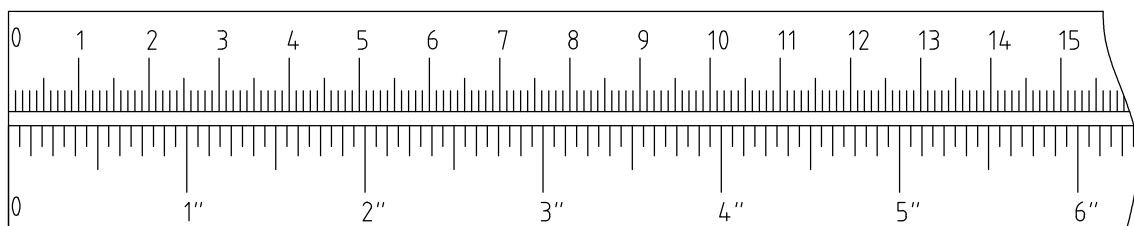


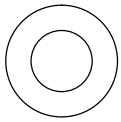
128 × 2



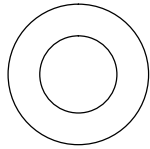
135 × 2

mm

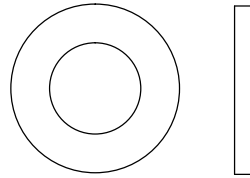




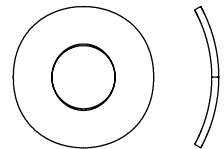
138 × 16



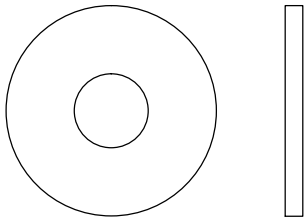
139 × 6



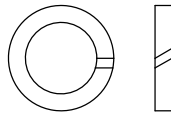
140 × 28



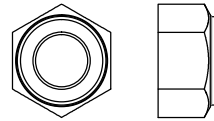
141 × 2



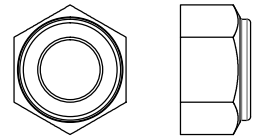
142 × 2



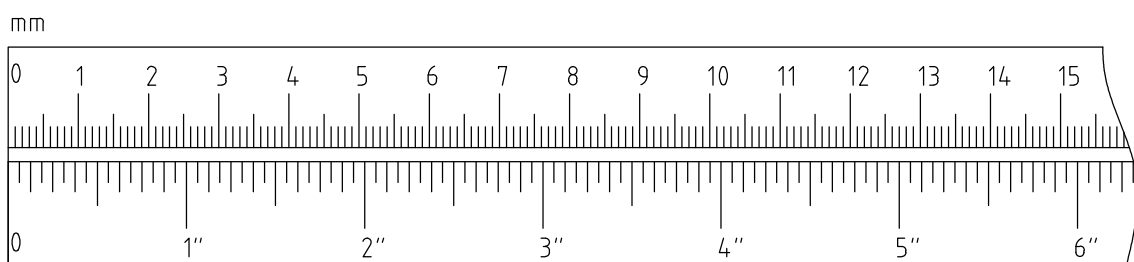
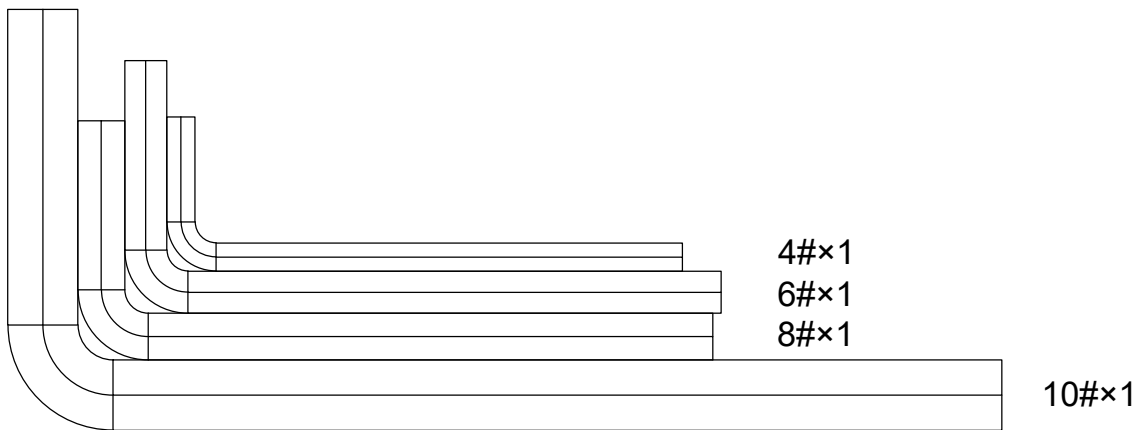
144 × 2



145 × 8



146 × 2



125



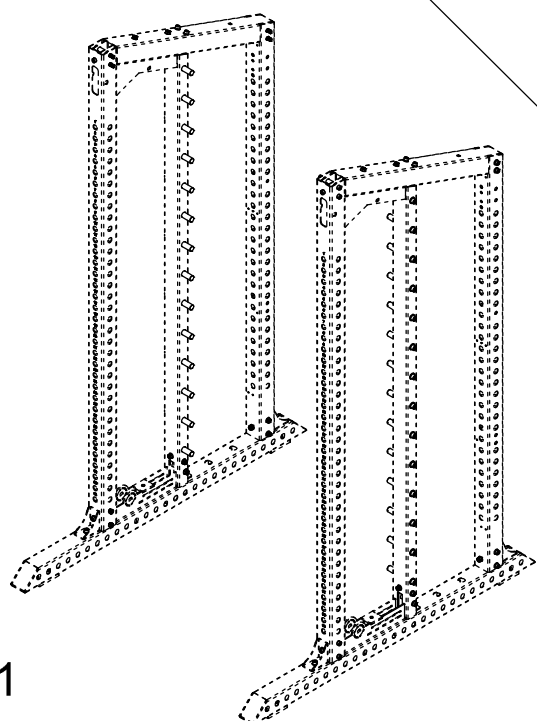
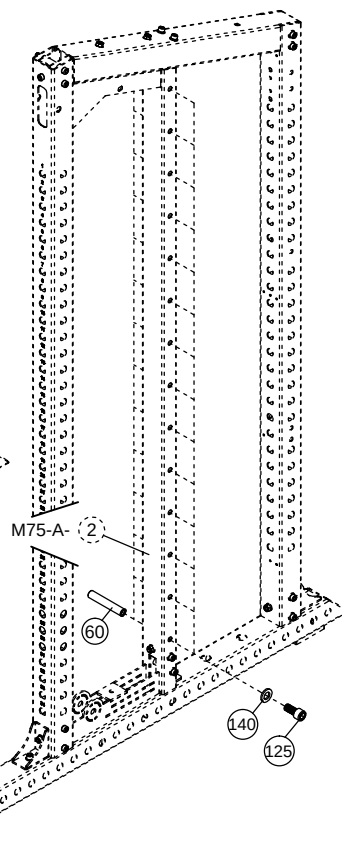
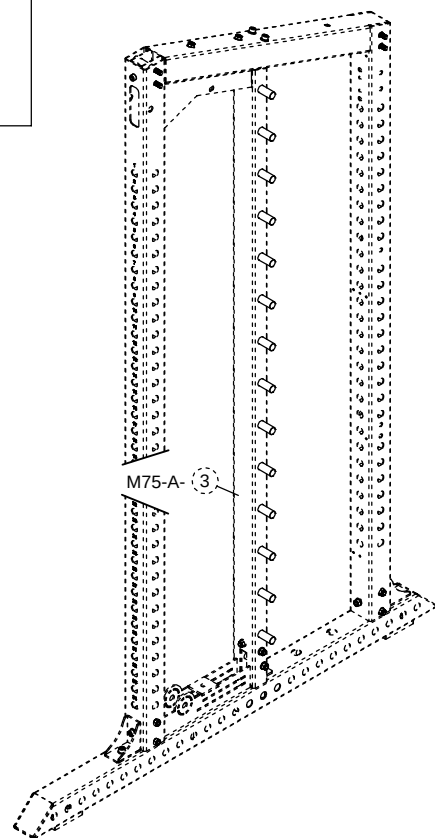
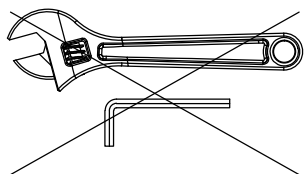
×28 M12×25mm

140



×28

φ24×φ13



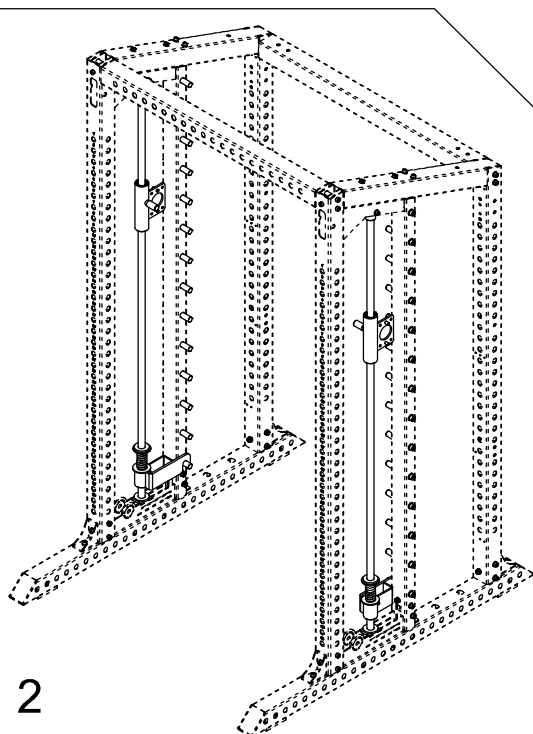
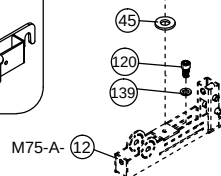
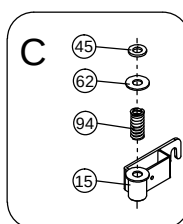
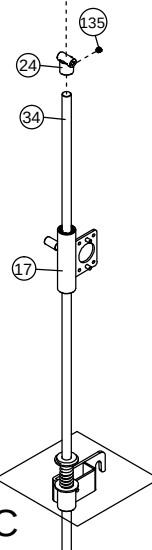
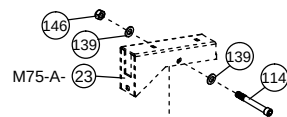
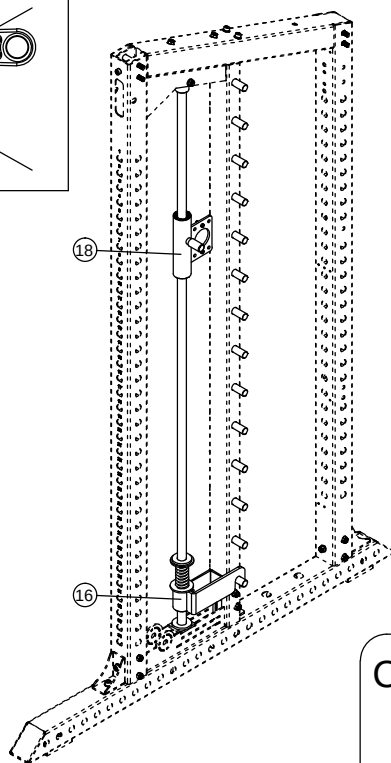
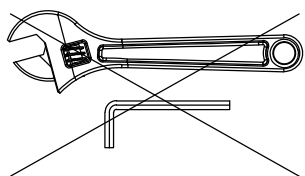
①14  ×2 M10×75mm

①39  ×6 $\phi 20 \times \phi 10.5$

①20  ×2 M10×20mm

①46  ×2 M10

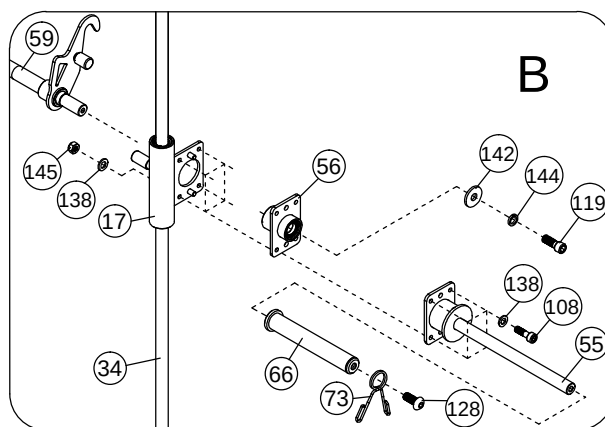
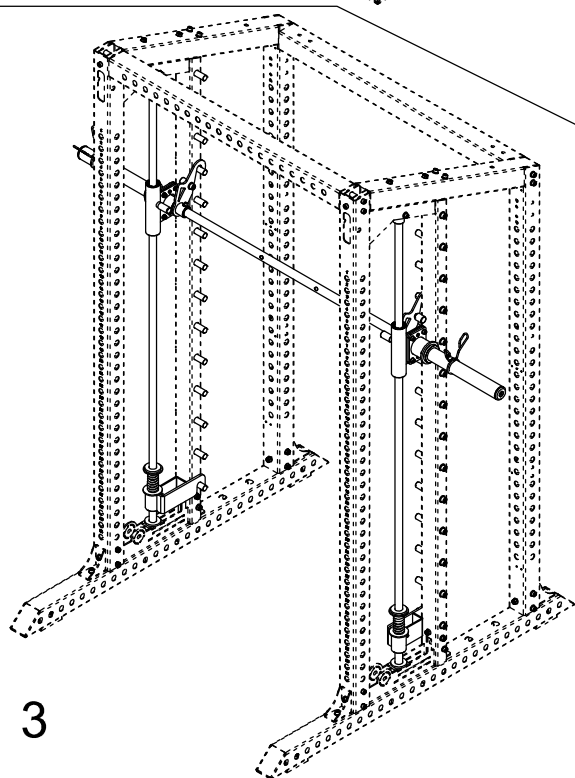
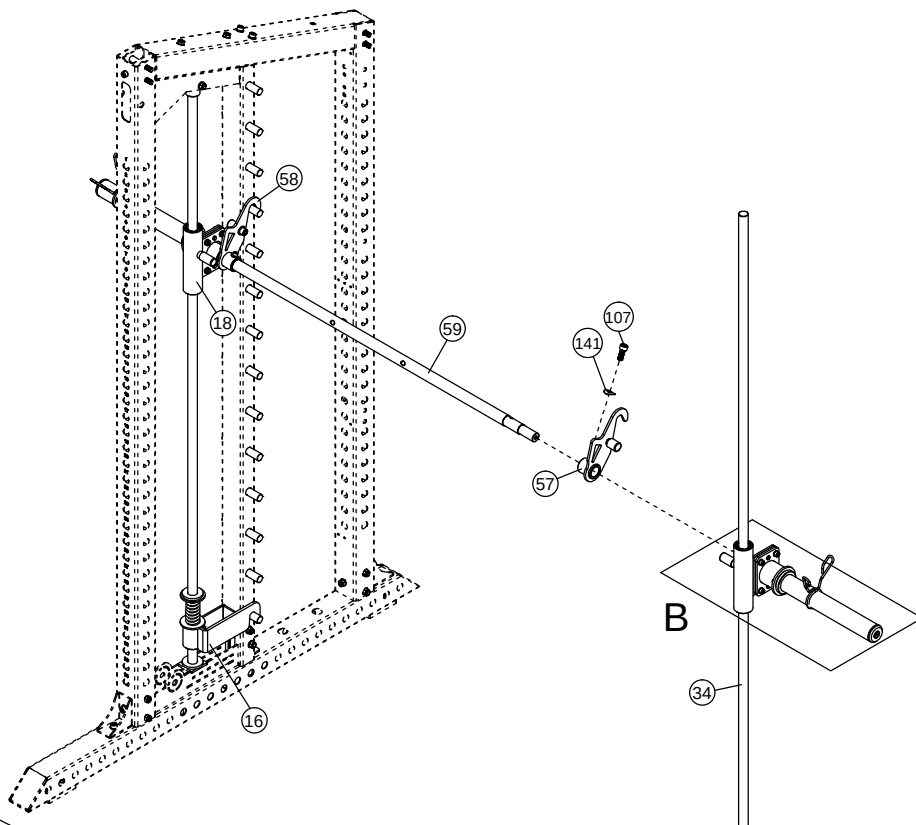
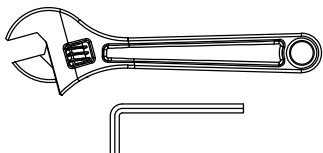
①35  ×2 M8×8mm

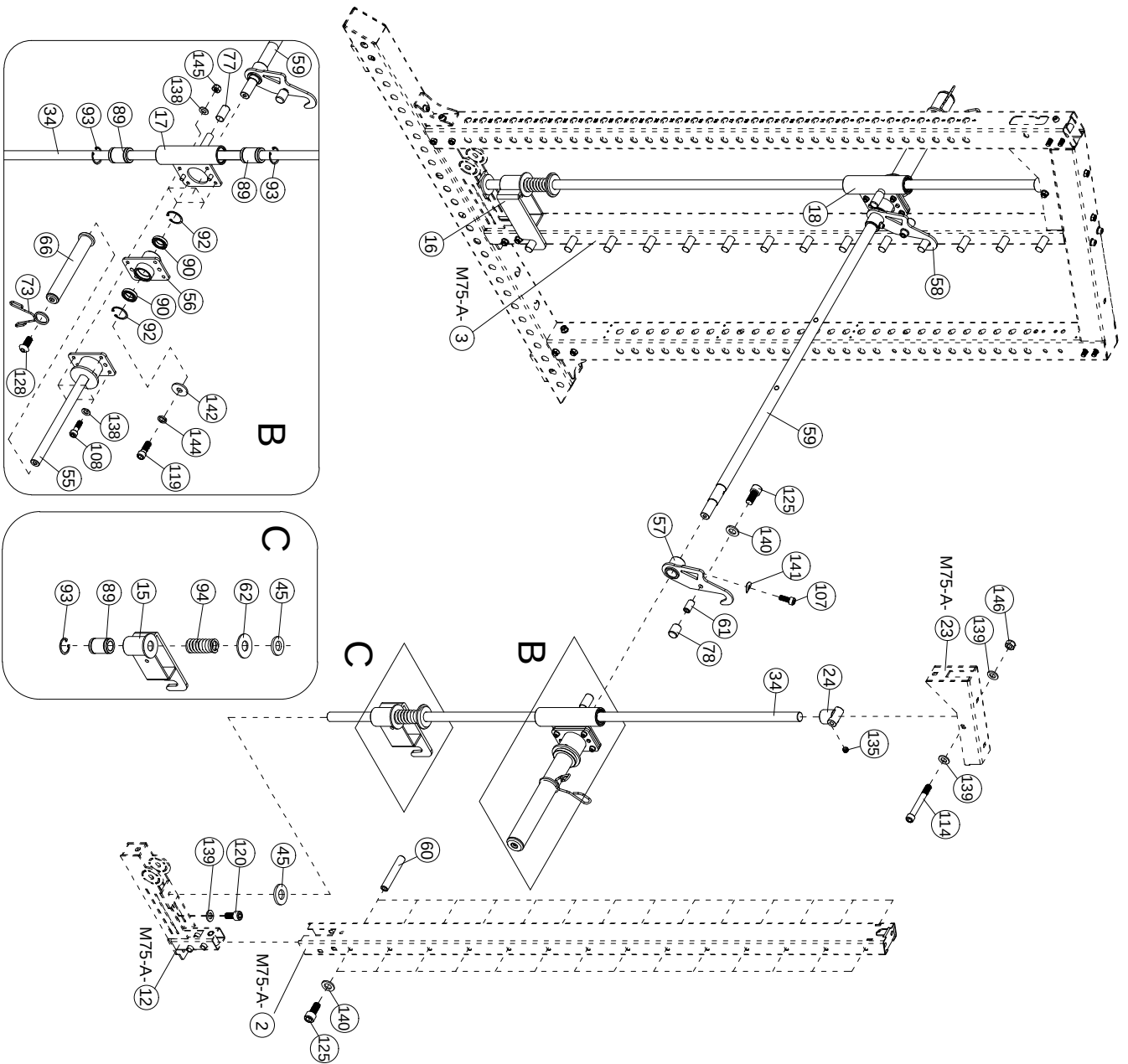


2

- 107  ×2 M8×20mm
 108  ×8 M8×30mm
 119  ×2 M10×25mm
 128  ×2 M10×20mm

- 138  ×16 $\phi 16 \times \phi 9$
 141  ×2 20×R20× $\phi 9$
 142  ×2 $\phi 30 \times \phi 10.5$
 144  ×2 10
 145  ×8 M8





PARTS LIST

KEY NO.	PART DESCRIPTION	SPEC	QTY
15	Safety Hook Bracket L		1
16	Safety Hook Bracket R		1
17	Mobile Rack L		1
18	Mobile Rack R		1
24	Upper Guide Rod Base		2
34	Guide Rod	φ25×1848×M10	2
45	Plastic Retaining Ring	φ50×φ26×6	4
55	Weights Stow Rod		2
56	Bearing Frame		2
57	Hanging Bar L		1
58	Hanging Bar R		1
59	Weight Rod	Φ30×1215×M10×M8	1
60	Hanging Post	φ20×115	28
61	Support Shaft	φ18×32×M12	2
62	Bracket	φ65×φ27×4	2
66	Long Olympic Sleeve		2
73	Spring Clip	φ47	2
77	Tube End Cap	φ19×42	2
78	Cushion Cover	φ18×φ25×30	2
89	Linear Motion Bearing	LB254058	6
90	Deep Groove Ball Bearing	61905	4
92	Hole Circlip	42	4
93	Hole Circlip	d0=40	6
94	Spring	φ43×φ27×φ8×80	2
107	Hexagon socket button head screws	M8×20	2
108	Hexagon socket button head screws	M8×30	8
114	Hexagon socket button head screws	M10×75	2
119	Hexagon socket button head screws	M10×25	2
120	Hexagon socket button head screws	M10×20	2
125	Hexagon socket button head screws	M12×25	30
128	Allen Bolt	M10×20	2
135	Set Screw	M8×8	2
138	Washer	8	16
139	Washer	10	6
140	Washer	12	30
141	Washer	20×R20×φ9	2
142	Washer	φ30×φ10.5×2.5	2
144	Washer	10	2

PARTS LIST

KEY NO.	PART DESCRIPTION	SPEC	QTY
145	Nut	M8	8
146	Nut	M10	2
	Allen Wrench	4#	1
	Allen Wrench	6#	1
	Allen Wrench	8#	1
	Allen Wrench	10#	1

PACKAGE LIST

BOX1		BOX2	
1	Part 15	2	Part 34
1	Part 16	1	Part 59
1	Part 17		
1	Part 18		
2	Part 24		
4	Part 45		
2	Part 55		
2	Part 56		
2	Part 57		
1	Part 58		
28	Part 60		
2	Part 62		
2	Part 66		
2	Part 73		
2	Part 94		
1	Assembly Manual		
1	PARTS BAG 2-1		
1	PARTS BAG 2-2		



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