


**ASX-9500 ASX-9000 ASX-8000 ASX-7000 ASX-6000 ASX-5000 ASX-4500 ASX-4000 ASX-3000 ASX-2000**



KEY POINTS	ASX-9500	ASX-9000	ASX-8000	ASX-7000	ASX-6000	ASX-5000	ASX-4500	ASX-4000	ASX-3000	ASX-2000
Peso max utilizzatore	160 kg	120 kg	120 kg	160 kg	160 kg	135 kg	135 kg	150 kg	150 kg	135 kg
Pacco pesi	in acciaio 2x90kg	in acciaio 2x80kg	in acciaio 2x90kg	in acciaio 2x90kg	in acciaio 2x90kg	in acciaio 2x90kg	in acciaio 2x90kg	in acciaio 2x90kg	-	-
Ingombro a terra	2 m <sup>2</sup>	3,45 m <sup>2</sup>	3 m <sup>2</sup>	2 m <sup>2</sup>	3,6 m <sup>2</sup>	3,2 m <sup>2</sup>	3,5 m <sup>2</sup>	2,9 m <sup>2</sup>	2,7 m <sup>2</sup>	3 m <sup>2</sup>
Fly Arms	regolazione inclinazione verticale su 5 livelli, orizzontale su 9 livelli (163°). Maniglie pivotanti a 360°, altezza massima 2277 mm da terra per lat pull down, larghezza massima 2200 mm per crossover. Regolabile su 33 livelli (277-1907 mm), distanza 50 mm	-	-	-	-	-	-	-	-	-
Pulley	regolabile su 33 livelli (277-1907 mm), distanza 50 mm	regolabile 194mm-1594 mm su 31 livelli	regolabile 312-1862 mm su 31 livelli interasse 50mm	regolabile 300-1875 mm su 50 livelli interasse 25-50 mm	regolabile 372-1947 mm su 22 livelli interasse 75 mm	regolabile 266x1841 mm su 22 livelli interasse 75 mm	regolabile 321-1822 mm su 31 livelli interasse 50 mm	regolabile 264-1839 mm su 22 livelli interasse 75 mm	-	regolabile 339-1839 mm su 21 livelli interasse 75 mm
Ratio	2:1 fly handle 2:1 smith bar 1:1 lat pull down (1:1 2 cavi insieme) 1:1 hack squat 1:1 hack squat BENCHASX9.5	1:2 pulley 1:1 smith bar 1:2 lat pull down 1:2 seated rowing	1:1 smith bar 2:1 dual pulley 2:1 lat pull down	1:2 / smith bar 1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing	1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing	1:1 / smith bar 1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing	1:1 & 1:2 / fly handle 1:1 & 1:2 / lat pull down 1:1 & 1:2 / seated rowing	1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing	1:2 / fly handle 1:1 / lat pull down 1:1 / seated rowing	1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing
J-cup/safety spotter arms	Extra strong spessore 5 mm con protezione UHMW (Ultra High Molecular Weight). Regolabile 426-1822 mm su 34 livelli interasse 50 mm	-	-	-	Extra strong spessore 5 mm con protezione UHMW (Ultra High Molecular Weight). Regolabile 432-1982 mm su 31 livelli interasse 50 mm	Extra strong spessore 5 mm con protezione UHMW (Ultra High Molecular Weight). Regolabile 316-1816 mm su 31 livelli interasse 50 mm	Extra strong spessore 5 mm con protezione UHMW (Ultra High Molecular Weight). Regolabile 321-1822 mm su 31 livelli interasse 50 mm	Extra strong spessore 5 mm con protezione UHMW (Ultra High Molecular Weight). Regolabile 314-1814 mm su 31 livelli interasse 50 mm	Extra strong spessore 5 mm con protezione UHMW (Ultra High Molecular Weight). Regolabile 429-1869 mm su 17 livelli interasse 50 mm	Extra strong spessore 5 mm con protezione UHMW (Ultra High Molecular Weight). Regolabile 314-1814 mm su 31 livelli interasse 50 mm
Bilanciere	2074 mm, scorrimento su cuscinetto lineare ultra fluido per guida bilanciere Smith, 2 sicurezze con gancio, regolabile verticalmente su 11 livelli (570-1942 mm), passo 135 mm, altezza minima 550 mm da terra (su ganci di sicurezza). Diametro porta dischi da 50 mm e da 25mm.	2090mm, scorrimento su cuscinetti a sfera lineari; 2 sicurezze con gancio regolabile, regolabili su 10 posizioni (299mm-1760 mm), Diametro porta dischi da 50 mm.	1996 mm, scorrimento su cuscinetto lineare ultra fluido per guida bilanciere Smith, 2 sicurezze con gancio, regolabile verticalmente su 11 livelli (537-1837 mm), passo 130 mm, altezza minima 407 mm da terra (su ganci di sicurezza). Diametro porta dischi da 50 mm	1282 mm, scorrimento su cuscinetti a sfera lineari, 2 sicurezze con gancio regolabile, regolabili su 11 posizioni (455-1750 mm), passo 130 mm. Diametro porta dischi da 50 mm. Sistema brevettato di aggancio bilanciere guidato ai pacchi peso	1993 mm, scorrimento su cuscinetti a sfera lineari, 2 sicurezze con gancio regolabile, regolabili su 14 posizioni (538-2020 mm), passo 130 mm. Diametro porta dischi da 50 mm	1944mm, scorrimento su cuscinetti a sfera lineari, 2 sicurezze con gancio regolabile, regolabili su 11 posizioni (539 - 1861 mm), passo 150 mm. Diametro porta dischi da 50 mm. Sistema brevettato di aggancio bilanciere ai pacchi peso	2037 mm, scorrimento su cuscinetti a sfera lineari, 2 sicurezze con gancio regolabile, regolabili su 12 posizioni (622-1832 mm), passo 130 mm. Diametro porta dischi da 50 mm	1936 mm, scorrimento su cuscinetti a sfera, 2 sicurezze con gancio regolabile, regolabili su 16 posizioni (455-1805 mm), passo 90 mm. Diametro porta dischi da 50 mm	1743mm, scorrimento su cuscinetti a sfera, 2 sicurezze con gancio regolabile, regolabili su 12 posizioni (455-1805 mm), passo 110 mm. Diametro porta dischi da 50 mm	1980mm, scorrimento su cuscinetti a sfera, 2 sicurezze con gancio regolabile, regolabili su 12 posizioni (523 - 1733 mm), passo 110 mm. Diametro porta dischi da 50 mm e da 25 mm
Dotazioni/note	2 x J hook, coppia fermi di sicurezza bilanciere, 6 ferma dischi a molla, 4 ganci per fasce elastiche, 6 porta dischi ø50 mm. Attachments: 3 catene, cavigliera, 2 corde singole per tricipiti, 2 maniglie trazioni, maniglia doppia pulley, barra tricipiti dritta, barra lat, cintura per sollevamento pesi	2-IN-1 dual pulley, 3D smith machine. Lat pulldown/seated rowing/chin-up bar. Attachments: straight bar, triceps bar, straight short bar, 2 Y-handles, 2 Y-handles extra long, rope, ankle strap	ultra smooth plastic pulley, 2 J-hooks, coppia fermi di sicurezza bilanciere, barra trazioni multi-presa, porta bilanciere, 4 porta dischi ø50 mm, 6 ferma dischi a molla ø49 mm. Attachments: cavigliera, corda doppia tricipiti, catena, 2 maniglie trazioni, maniglia doppia, barra tricipiti, bilanciere e bilanciere CURL, pedana per low row (opzionale)	3-IN-1 dual pulley, smith machine, rack. Barra trazioni, 8 ferma dischi a molla ø49 mm. Attachments: cavigliera, corda doppia tricipiti, catena, 2 maniglie trazioni, maniglia doppia, barra tricipiti, bilanciere e bilanciere CURL	3-IN-1 dual pulley, smith machine, rack. 2 J-hook, coppia fermi di sicurezza bilanciere, con rulli gambe in foam, barra trazioni, parallele, porta bilanciere, 4 porta dischi ø50 mm, 4 ferma dischi a molla ø49 mm, 2 ferma dischi a molla ø47 mm. Attachments: cavigliera, corda doppia tricipiti, catena, landmine, 2 maniglie trazioni, pedana antiscivolo, maniglia doppia, barra tricipiti, bilanciere e bilanciere CURL	3-IN-1 dual pulley, smith machine, rack. 2 J-hook, coppia fermi di sicurezza bilanciere con rulli gambe in foam, barra trazioni, parallele, porta bilanciere, 6 porta dischi ø50 mm, 8 ferma dischi a molla ø49 mm. Attachments: cavigliera, corda doppia tricipiti, catena, landmine, 2 maniglie trazioni, pedana antiscivolo, maniglia doppia, barra tricipiti, bilanciere e bilanciere CURL	3-IN-1 dual pulley, smith machine, rack. 2 J-hook, coppia fermi di sicurezza bilanciere con rulli gambe in foam, barra trazioni, parallele, porta bilanciere, 6 porta dischi ø50 mm, 8 ferma dischi a molla ø49 mm. Attachments: cavigliera, corda doppia tricipiti, catena, landmine, 2 maniglie trazioni, pedana antiscivolo, maniglia doppia, barra tricipiti, bilanciere e bilanciere CURL	3-IN-1 dual pulley, smith machine, rack. 2 J-hook, coppia fermi di sicurezza bilanciere con rulli gambe in foam, barra trazioni, parallele, porta bilanciere, 6 porta dischi ø50 mm, 8 ferma dischi a molla ø49 mm. Attachments: cavigliera, corda, landmine, 2 maniglie trazioni regolabili, barra tricipiti, bilanciere e bilanciere CURL	4-IN-1 dual pulley & row, lat machine, smith machine, rack. Pieghevole salva-spazio. Manubri, 2 J-hook, porta bilanciere, barra trazioni multi presa, 4 ganci per fasce elastiche, 8 porta dischi ø50 mm e 25 mm, 12 ferma dischi a molla ø49 mm, 4 ferma dischi a molla ø47 mm. Attachments: cavigliera, corda, catena, landmine, 2 maniglie trazioni regolabili, barra lat pull-down, barra row, barra tricipiti dritta.	3-IN-1 dual pulley, smith machine, rack. 2 J-hook, coppia fermi di sicurezza bilanciere con rulli gambe in foam, barra trazioni, parallele, porta bilanciere, 4 porta dischi ø50 mm e 25 mm, 10 ferma dischi a molla ø49 mm, 10 ferma dischi a molla ø47 mm. Attachments: cavigliera, landmine, 2 maniglie trazioni, bilanciere curl
Struttura	a sezione rettangolare 70x70x2,5 mm, 70x70x3 mm, 50x70x2,5 mm	a sezione quadrata 50x50 mm - spessore 2,5 mm	a sezione quadrata 75x75 mm - spessore 3 mm	a sezione rettangolare 50x70 mm - spessore 2,5 e ovale 50x100 - spessore 2,5 mm	a sezione rettangolare 50x70 mm - spessore 2,5 e 50x100 - spessore 3 mm	a sezione rettangolare 50x70 mm - spessore 2,5 mm e quadrata 50x50 mm - spessore 2 mm	a sezione rettangolare 50x70 mm - spessore 2,5 mm	a sezione rettangolare 50x70 mm - spessore 2 mm / 2,5 mm e quadrata 50x50 mm - spessore 3 mm	a sezione quadrata 50x50 mm e 60x60 mm - spessore 2 mm	a sezione rettangolare 50x70 mm - spessore 2 mm e quadrata 50x50 mm - spessore 2 mm
Dimensioni (mm)	1235x1610x2240	2090x1654x2104	1514x1996x2200	1320x1520x2180	1700x2120x2300	1944x 1670x2170	2035x1730x2130	1516x1938x2167	1610x1650x2310 Chiuso: 820x1650x2310	1990x1500x2200
Peso netto/lordo	452/507 kg	408/434 kg	470/501 kg	382.8/400.3 kg	415.7/432.7 kg	391.5/410.5 kg	363.2/381.8 kg	369.5/388.5 kg	171,7/184,7 kg	139.5/152kg

**ATTACHMENTS**

JAMMER ARMS	OPTIONAL	-	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	OPTIONAL
LAT SEAT	OPTIONAL	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	OPTIONAL
SEDUTA LAT MACHINE/PULLEY	-	-	OPTIONAL	-	-	-	-	-	-	-
LEG PRESS	OPTIONAL	-	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	-
PERNO PORTA PESI	-	-	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	-
BARRA MULTIFUNZIONE	OPTIONAL	-	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	OPTIONAL
LAT PULL DOWN	-	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	OPTIONAL
MONOLIFT	OPTIONAL	-	-	OPTIONAL	OPTIONAL	-	OPTIONAL	-	-	-
BELT SQUAT T-BAR	OPTIONAL	-	-	-	OPTIONAL	-	-	-	-	-
SUPPORTO LEG PRESS PER HIP THRUST	OPTIONAL	-	-	-	-	-	OPTIONAL	-	-	-
SET 6 PERNI PORTA PESI	-	-	-	OPTIONAL	-	-	-	-	-	-
PARALLELE	-	-	OPTIONAL	OPTIONAL	INCLUSO	INCLUSO	INCLUSO	INCLUSO	-	INCLUSO
PERNI PORTA PESI PER SMITH BAR	-	-	-	OPTIONAL	-	-	-	-	-	-
LANDMINE	-	-	-	OPTIONAL	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO
SUPPORTI BILANCIERI E FERMI DI SICUREZZA	-	-	-	OPTIONAL	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO
PEDANA PER LOW ROW	-	-	OPTIONAL	OPTIONAL	INCLUSO	INCLUSO	INCLUSO	-	-	-
PEDANA PER DEADLIFT	OPTIONAL	-	-	-	-	-	-	-	-	-
PANCA MULTIFUNCTION BENCHASX9.5		-	-	-	-	-	-	-	-	-
HASCK SQUAT PER BENCHASX9.5	OPTIONAL	-	-	-	-	-	-	-	-	-
POSIZIONE INCLINE PER BENCHASX9.5	OPTIONAL	-	-	-	-	-	-	-	-	-
ARM CURL/LEG CURL PER BENCHASX9.5	OPTIONAL	-	-	-	-	-	-	-	-	-




**ASX-9500 ASX-9000 ASX-8000 ASX-7000 ASX-6000 ASX-5000 ASX-4500 ASX-4000 ASX-3000 ASX-2000**



KEY POINTS	ASX-9500	ASX-9000	ASX-8000	ASX-7000	ASX-6000	ASX-5000	ASX-4500	ASX-4000	ASX-3000	ASX-2000
Max user weight	160 kg	120 kg	120 kg	160 kg	160 kg	135 kg	135 kg	150 kg	150 kg	135 kg
Weight stack	steel weight stack 2x90kg	steel weight stack 2x80kg	steel weight stack 2x90kg	steel weight stack 2x90kg	steel weight stack 2x90kg	steel weight stack 2x90kg	steel weight stack 2x90kg	steel weight stack 2x90kg	-	-
Footprint	2 m <sup>2</sup>	3,45 m <sup>2</sup>	3 m <sup>2</sup>	2 m <sup>2</sup>	3,6 m <sup>2</sup>	3,2 m <sup>2</sup>	3,5 m <sup>2</sup>	2,9 m <sup>2</sup>	2,7 m <sup>2</sup>	3 m <sup>2</sup>
Fly Arms	vertical incline adjustment on 5-level, horizontal incline adjustment on 9-level (163°). 360° pivoting handles, max height 2277 mm from ground up for lat pull down, max width 2200 mm for crossover. Adjustable on 33 levels(277-1907 mm), distance 50 mm	-	-	-	-	-	-	-	-	-
Pulley	adjustable on 33 levels(277-1907 mm), distance 50 mm	adjustable on 31 levels (194 mm-1594 mm)	adjustable on 31 levels (312 mm-1862 mm) distance 50 mm	adjustable on 50 levels (300-1875 mm) distance 25-50 mm	adjustable on 22 levels (372-1947 mm) distance 75 mm	adjustable on 22 levels (266x1841 mm) distance 75 mm	adjustable on 31 levels (321-1822 mm) distance 50 mm	adjustable on 22 levels (264-1839 mm) distance 75 mm	-	adjustable on 21 levels (339-1839 mm) distance 75 mm
Ratio	2:1 fly handle 2:1 smith bar 2:1 lat pull down (1:1 2 cable together) 1:1 hack squat 1:1 hack squat BENCHASX9.5	1:2 pulley 1:1 smith bar 1:2 lat pull down 1:2 seated rowing	1:1 smith bar 2:1 dual pulley 2:1 lat pull down	1:2 / smith bar 1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing	1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing	1:1 / smith bar 1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing	1:1 & 1:2 / fly handle 1:1 & 1:2 / lat pull down 1:1 & 1:2 / seated rowing	1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing	1:2 / fly handle 1:1 / lat pull down 1:1 / seated rowing	1:2 / fly handle 1:2 / lat pull down 1:2 / seated rowing
J-cup/safety spotter arms	Extra strong - 5 mm thickness with UHMW (Ultra High Molecular Weight) protection pads, adjustable on 34 levels (426-1822 mm) distance 50 mm	-	-	-	Extra strong - 5 mm thickness with UHMW (Ultra High Molecular Weight) protection pads, adjustable on 31 levels (432-1982 mm) distance 50 mm	Extra strong - 5 mm thickness with UHMW (Ultra High Molecular Weight) protection pads, adjustable on 31 levels (316-1816 mm) distance 50 mm	Extra strong - 5 mm thickness with UHMW (Ultra High Molecular Weight) protection pads, adjustable on 31 levels (321-1822 mm) distance 50 mm	Extra strong - 5 mm thickness with UHMW (Ultra High Molecular Weight) protection pads, adjustable on 31 levels (314-1814 mm) distance 50 mm	Extra strong - 5 mm thickness with UHMW (Ultra High Molecular Weight) protection pads, adjustable on 17 levels (429-1869 mm) distance 50 mm	Extra strong - 5 mm thickness with UHMW (Ultra High Molecular Weight) protection pads, adjustable on 31 levels (314-1814 mm) distance 50 mm
Barbell	2074 mm, ultra smooth linear bearing for smith bar guiding, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 11 levels (570-1942 mm), distance 135 mm, Lowest height 550 mm from ground up (on safety hooks). Weight plate holder diameter suitable for ø50 and ø25 mm weight plates	2090 mm, linear bearing, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 10 levels (299mm-1760 mm). Weight plate holder diameter suitable for ø50 mm weight plates.	1996mm, ultra smooth linear bearing for smith bar guiding, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 11 levels (537-1837mm), distance 130 mm, Lowest height 407 mm from ground up (on safety hooks). Weight plate holder diameter suitable for ø50 mm weight plates	1282 mm, linear bearings sliding, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 11 levels (455-1750 mm), distance 130 mm. Weight plate holder diameter suitable for ø50 mm weight plates. Patented system to link the barbell to the weight stacks.	1993 mm, linear bearings sliding, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 14 levels (538-2020mm), distance 130 mm. Weight plate holder diameter suitable for ø50 mm weight plates	1944mm, linear bearings sliding, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 11 levels (539 - 1861 mm), distance 150 mm. Weight plate holder diameter suitable for ø50 mm weight plates. Patented system to link the barbell to the weight stacks	2037 mm, linear bearings sliding, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 11 levels (353-1822 mm), distance 130 mm. Weight plate holder diameter suitable for ø50 mm weight plates	1936 mm, linear bearings sliding, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 12 levels (622 - 1832 mm), distance 110 mm. Weight plate holder diameter suitable for ø50 mm weight plates	1743mm, linear bearings sliding, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 16 levels (455 - 1805 mm), distance 90 mm. Weight plate holder diameter suitable for ø50 mm weight plates	1980mm, linear bearings sliding, 2 safety systems with hook to avoid barbell falling, vertically adjustable on 12 levels (523 - 1733 mm), distance 110 mm. Weight plate holder diameter suitable for ø50 mm and 25 mm weight plates
Equipment/notes	2 x J hook, 2 x safety spotter arms, 6 x Spring clip, 4 x band peg storage board with hooks, 6 weight plates holders for ø50 mm. Attachments: 3 chains, ankle strap, 2 triceps rope, 2 Y handles, cable attachment double hand, short straight bar, LAT bar, weightlifting belt	2-IN-1 dual pulley, 3D smith machine, rack. Lat pulldown/seated rowing/chin-up bar, barbell storage, 4 weight plates holders for ø50 mm plates, 6 olympic spring clip ø49 mm. Attachments: straight bar, triceps bar, straight short bar, 2 Y-handles, 2 Y-handles extra long, rope, ankle strap.	ultra smooth plastic pulley, 2 J-hooks, 2 safety spotter arms, multi-grip chin-up bar, barbell storage, 4 weight plates holders for ø50 mm plates, 6 olympic spring clip ø49 mm. Attachments: ankle strap, rope, chain, 2 D-handles, V-bar, short straight bar, straight bar and curved bar, non-slip metal footplate(option).	3-IN-1 dual pulley, smith machine, rack. Chin-up bar, 8 olympic spring clips ø49 mm. Attachments: ankle strap, rope, chain, 2 D-handles, V-bar, short straight bar, straight bar and curved bar.	3-IN-1 dual pulley, smith machine, rack. 2 J-hooks, 2 safety spotter arms, set leg holder foam, multi-grip chin-up bar, dip up bar, barbell storage, 6 weight plates holders for ø50 mm plates, 4 olympic spring clips ø49 mm, 2 spring clips ø47 mm. Attachments: ankle strap, rope, chain, landmine, non-slip metal footplate, 2 Y-handles, V-bar, short straight bar, straight bar and curved bar.	3-IN-1 dual pulley, smith machine, rack. 2 J-hooks, 2 safety spotter arms, set leg holder foam, multi-grip chin-up bar, dip up bar, barbell storage, 4 weight plates holders for ø50 mm plates, 4 olympic spring clips ø49 mm, 2 spring clips ø47 mm. Attachments: ankle strap, rope, chain, landmine, non-slip metal footplate, 2 Y-handles with adjustable chan, V-bar, short straight bar, straight bar and curved bar, non-slip metal footplate.	3-IN-1 dual pulley, smith machine, rack. 2 J-hooks, 2 safety spotter arms, chin-up bar, dip up bar, barbell storage, 6 weight plates holders for ø50 mm and 25 mm plates, 8 olympic spring clips ø49 mm. Attachments: ankle strap, rope, chain, landmine, non-slip metal footplate, 2 Y-handles, V-bar, short straight bar, straight bar and curved bar.	3-IN-1 dual pulley, smith machine, rack. 2 J-hooks, 2 safety spotter arms with 1 set leg holder foam, chin-up bar, dip up bar, barbell storage, 6 weight plates holders for ø50 mm plates, 8 olympic spring clips ø49 mm. Attachments: ankle strap, rope, chain, landmine, 2 adjustable Y-handles, V-bar, short straight bar, straight bar and curved bar.	4-IN-1 dual pulley&row, lat machine, smith machine, rack. Foldable save-space. Dumbbell bar, 2 J-hooks, barbell storage, multi-grip chinup bar, 4 pegs for resistance band, 8 weight plates holders for ø50 mm and ø25 mm plates, 12 olympic spring clips ø49 mm and 4 spring clips ø25 mm. Attachments: ankle strap, rope, chain, landmine, 2 adjustable Y-handles, lat pull-down bar, row bar, short straight bar.	3-IN-1 dual pulley, smith machine, rack. 2 J-hooks, 2 safety spotter arms with 1 set leg holder foam, chin-up bar, dip up bar, barbell storage, 4 weight plates holders for ø50 mm and 25 mm plates, 10 olympic spring clips ø49 mm, 10 spring clips ø47 mm. Attachments: ankle strap, landmine, 2 Yhandles, curved bar.
Structure	section rectangular tubing 70x70x2,5 mm, 70x70x3 mm, 50x70x2,5 mm	section square tubing 50x50 mm - thickness 2,5 mm	section square tubing 75x75 mm - thickness 3 mm	section rectangular tubing 50x70 mm - thickness 2,5 and oval 50x100 - thickness 2,5 mm	section rectangular tubing 50x70 mm - thickness 2,5 and 50x100 - thickness 3 mm	section rectangular tubing 50x70 mm - thickness 2,5 mm/2 mm and square tubing 50x50 mm - thickness 2 mm	rectangular tubing 50x70 mm - thickness 2,5 mm	section rectangular tubing 50x70 mm - thickness 2,5 mm/2 mm and square tubing 50x50 mm - thickness 3 mm	square tubing 50x50 mm and 60x60 mm - thickness 2 mm	section rectangular tubing 50x70 mm - thickness 2 mm and square tubing 50x50 mm thickness 2 mm
Set up size (mm)	1235x1610x2240	2090x1654x2104	1514x1996x2200	1320x1520x2180	1700x2120x2300	1944x 1670x2170	2035x1730x2130	1516x1938x2167	1610x1650x2310 Folded size: 820x1650x2310	1990x1500x2200
Weight/Gross weight	452/507 kg	408/434 kg	470/501 kg	382.8/400.3 kg	415.7/432.7 kg	391.5/410.5 kg	363.2/381.8 kg	369.5/388.5 kg	171.7/184.7 kg	139.5/152kg

**ATTACHMENTS**

JAMMER ARMS	OPTIONAL	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	OPTIONAL
LAT SEAT	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	OPTIONAL
LAT MACHINE / PULLEY SEAT	-	OPTIONAL	-	-	-	-	-	-	-	-
LEG PRESS	OPTIONAL	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	-
WEIGHT PLATES HOLDER	-	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	-
MULTIFUNCTIONAL BAR	OPTIONAL	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	OPTIONAL
LAT PULL DOWN	-	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	OPTIONAL	-	OPTIONAL
MONOLIFT	OPTIONAL	-	OPTIONAL	OPTIONAL	OPTIONAL	-	OPTIONAL	-	-	-
BELT SQUAT T-BAR	OPTIONAL	-	-	OPTIONAL	-	-	-	-	-	-
LEG PRESS SUPPORT FOR HIP THRUST	OPTIONAL	-	-	-	-	-	OPTIONAL	-	-	-
6 PCS WEIGHT PLATES HOLDERS	-	-	OPTIONAL	-	-	-	-	-	-	-
DIP HANDLE	-	OPTIONAL	OPTIONAL	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO	-	INCLUSO
PERNI PORTA PESI PER SMITH BAR	-	-	OPTIONAL	-	-	-	-	-	-	-
LANDMINE	-	-	OPTIONAL	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO
WEIGHT PLATES HOLDERS FOR SMITH BAR	-	-	OPTIONAL	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO	INCLUSO
LOW ROW FOOT PLATE	-	OPTIONAL	OPTIONAL	INCLUSO	INCLUSO	INCLUSO	INCLUSO	-	-	-
DEADLIFT PLATFORM	OPTIONAL	-	-	-	-	-	-	-	-	-
MULTI FUNCTIONAL BENCH BENCHASX9.5	 OPTIONAL	-	-	-	-	-	-	-	-	-
HASCK SQUAT FOR BENCHASX9.5	OPTIONAL	-	-	-	-	-	-	-	-	-
INCLINE POSITION FOR BENCHASX9.5	OPTIONAL	-	-	-	-	-	-	-	-	-
ARM CURL/LEG CURL FOR BENCHASX9.5	OPTIONAL	-	-	-	-	-	-	-	-	-